

2006 Spring/Summer

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New
brochure
format and
classes!

Town of Acton Recreation Department

472 Main Street

Acton, MA 01720

Phone: (978) 264-9608

Fax: (978) 264-9630

WEBSITE: WWW.ACTON-MA.GOV

EMAIL: RECREATION@ACTON-MA.GOV



A letter from the Recreation Director . . .

Spring is on the horizon and change is in the air. The Recreation Department has a plethora of new and popular activities listed in this brochure to help you get over the cold weather blues! You will notice the spring/summer program has a new format and is user friendly. We have 25 NEW programs to offer children and adults of all ages such as a new Creative Movement and Music Class, new scrap booking classes, and some new day trips! We also have hired new instructors to join the Recreation team for our children's programs: Lisa Murphy and Jamie Norton.

For summer plans, this brochure includes information for our popular summer program at NARA Park, along with swim lessons and the new Workreation (CIT) program. We have several new themed weeks this summer for the Mighty Mini (4 and 5 year-olds) and Youth Program (1st through 8th grade). New this year we are requiring payment in full for all programs, the Recreation Department won't be collecting deposits for the Park Programs. We look forward to seeing your child return to our summer program or begin their first NARA summer experience in our fun, safe and exciting program!

The NARA Park beach will open for the season on Saturday, May 27, 2006. The beach will be open daily from 10:00 a.m. – 6:00 p.m. prior to June 17, 2006. As of June 18, 2006 the summer hours of beach operation will be 9:00 a.m. – 7:00 p.m. daily. The beach will close for the season on Monday, September 4, 2006. Beach memberships may be purchased by mail or at the Acton Recreation Department in Town Hall weekdays, 8 a.m.-5 p.m. Beach memberships are open to residents and non-residents. Beach fees have remained the same this summer.

We are pleased to offer a bigger summer cultural concert series themed: **ALL THE WORLD IS A STAGE**, showcasing ticketed concerts. We will have musical entertainment like Livingston Taylor, Pink Voyd, the Drifters, and a KISS108 concert for Family Fest Day, formerly known as Acton Day. We will also host three free concerts at the amphitheater. Brand new to NARA, we will have two movie nights, with a special Disney movie night for families. Most concerts/movie nights have moved to Friday and Saturday evenings, with the exception of one Thursday night free concert.

We will host our second annual 5K run for adults during Family Fest weekend and a new mini run for kids! Our annual Fourth of July Extravaganza will be held at NARA Park, with exciting musical entertainment, the Lois Greco Band beginning at 6 PM, and our traditional, superb fireworks display. For spectator entertainment and comfort there will be food vendors, entertainment and shuttle buses available for the 4th of July Spectacular. This event is scheduled for Tuesday July 4, 2006, with a rain date of Saturday July 8, 2006.

With our new cultural concert series and other events, volunteer support is greatly needed. You can call the Recreation Department at 978-264-9608 to volunteer! To register, complete the volunteer form on last page.

We hope persons of all ages find opportunities to re-create themselves physically, emotionally, spiritually and socially through these events and recreation programs.

Leisurely Yours,



Alison Trout
Acton Recreation Director

GENERAL INFORMATION

Special Sections

General Information

Spring Summer Program Registration Form

NARA Park Beach and Registration Form

NARA Swim Lesson Form

NARA Youth & Mighty MIni Summer Program

NARA Summer Program Registration Forms

Workreation Program & Registration Form

Little Tykes Spring Summer Programs

Youth Programs

Adult Programs

Family Programs, Trips and Special Events

Ticket Form

Volunteer Form

TOWN OF ACTON

RECREATION DEPARTMENT

Office Phone Number: 978-264-9608

NARA Park Office (seasonal): 978-263-5519

Alison Trout, Recreation Director

Maura Haberman, Recreation Secretary

TBD, NARA On-Site Director

Kaitlin Decker, Waterfront Director

ACTON RECREATION COMMISSION:

Ron Schlegel-Chair, Michele Zaremba-

Vice Chair, Alison Gallagher, Matt

Lundberg, Sasha O'Connell.

ACTON SPORTS CONTACT INFORMATION

YOUTH SPORTS

Acton Boxborough Youth Soccer: President-Anwen Hayes-Miguel, anwenhayes@arundela.com, (978) 263-0122, Sue Reuther, ABYS Registrar, (978) 266-1490, sreuther@comcast.net, Dave Scheuer, Exec. Director, (978) 263-2105, dave.scheuer@interactivedata.com

Acton Boxborough Youth Baseball: www.abyb.org, President-Steve Mielke, stevem@jearch.com, Elise Marshall, ABYB Registrar, (978) 263-8565, registrar@abyb.org, Fields: Sanjay Khosla, sikhosla@aol.com, Randy Steines, randy.steines@motorola.com

Acton Boxborough Pop Warner Football: **AB Pop Warner Football:** Gerry McGavick, President, gmcgavick@hearst.com, (978) 264-0071; Jim Maxwell, (978) 264-0958, jmaxwell25@comcast.net

Acton Boxborough Pop Warner Cheerleading: Loretta Mosca, Director lorettamosca@aol.com, (978) 897-8131

Acton Boxborough Field Hockey: Maureen Auclair, (978) 263-0720

Acton Boxborough Youth Softball: President -Tom Reuther, (978) 266-1490, TomReuther@comcast.net

Acton Boxborough Lacrosse (Girls): Cindy Hulecki, (978) 263-4570, lucindabh@aol.com

Acton Boxborough Lacrosse (Boys): Mark Robertson, (978) 263-5608, robertsonmark@comcast.net

ADULT SPORTS

Abunted Over the Hill: Will Bigelow (978) 263-0863 or Mark Giglio (978) 264-3950 or Antonio Furlan (978) 635-9209

Men's Senior Baseball (Acton Orioles): Bob Major, (978) 448-2797, actonorioles@yahoo.com; Phil Belanger, (978) 266-1995, Philip.belanger@choicepoint.com

Acton Adult Softball League: Rich Gottesman, Commissioner, (978) 808-0766, rich.gottesman@verizon.net; www.actonasl.com

GENERAL INFORMATION

Registration begins at 8:30 a.m., February 21, 2006. You can register in person at the Recreation Department located at the Acton Town Hall, 472 Main Street, Acton, MA 01720 or by mailing in your registration form and payment. There is no additional fee for either payment method and no additional fees assessed for out of town residents, except for beach memberships. You are welcome to register any time for a program, but everything is based on a **first come, first served basis**.

PAYMENT: We accept cash, money orders and checks. Class fee pro-ration are at the discretion of the Recreation Department. Checks and money orders are made payable to: **Town of Acton**. One check can pay for multiple programs. Sorry, no credit cards. Checks returned are assessed a \$25 fee.

WAYS TO REGISTER: Walk-in Registration as long as space is available. Mail-in Registrations are processed after walk-ins. Payment **MUST** be received with the registration form to be processed.

PROXY REGISTRATIONS, PROGRAM CONFIRMATION & DISCLAIMER: A person may submit another's registration form, provided the form is properly completed and signed. Limit is **ONE PER PERSON**. The Recreation Department reserves the right to correct mistakes made in this brochure at the time of print and cancel any program due to low enrollment or poor weather.

FINANCIAL AID: Aid is available for Acton residents based on financial need. If you need assistance, please contact the Acton Recreation Department for further information.

PHOTO POLICY: Acton Recreation Department and events are often photographed for promotional purposes. If you do not wish to be included in Recreation photos, please indicated this to the photographer.

HOURS: The Town Hall is closed on Memorial Day, July 4, and Labor Day. Town Hall hours are Monday-Friday 8-5. The Recreation Department has a door slot for form drop offs during hours when the Recreation Department is closed.

REFUNDS & WITHDRAWALS: You may withdraw from a program up to 7 (seven) business days prior to the start date (*excluding ALL American Red Cross and NARA Summer programs). An administrative fee of \$10 will be applied. After that time, no refunds will be issued. A letter must be submitted to the Recreation Department requesting withdrawal and refund. It will take two-three weeks for the refund to be processed. Refunds will not be made for classes missed due to inclement weather.

All American Red Cross Program refund requests would be at the instructors discretion due to a materials supply cost. The NARA Youth Summer Program has a refund policy clearly outlined on the registration form. Sorry, no refunds for any beach passes or concert/ticketed events.

CLASS CANCELLATION POLICY:

Classes are cancelled if Acton Boxborough Schools have closed due to weather. Notification will be made if a class is cancelled due to poor weather or field conditions. Efforts will be made to make-up missed classes, however, but are not guaranteed. Any class cancellations due to an illness of an instructor will be made-up or refunded. Refunds will not be offered due to a participant's inability to partake in missed make-up sessions.

TOWN OF ACTON FACILITIES USES & LOCATIONS

Permits can be obtained at the Recreation Department on-line at www.acton-ma.gov

	Baseball	Soccer	Tennis	Basketball	Fishing	Swimming	Playground	Skateboard
NARA Park	Yes	Yes			Yes	Yes	Yes	
Concord Rd		Yes						
Elm St	Yes	Yes	Yes				Yes	
Gardner				Yes			Yes	
Goward							Yes	
Great Hill		Yes					Yes	
Hart Field	Yes							
Ice House Pond					Yes			
Jones Field	Yes	Yes					Yes	
MacPhearson	Yes							
School St		Yes						
Veterans' Field	Yes						Yes	
T.J. O'Grady Skate Park								Yes

Veteran's Field: Veteran's Field is located at the intersection of 2A and Route 27.

This Field consists of 2 Little League diamonds and a playground. This is a tournament quality lighted field.

Concord Rd. Field: Concord Rd. Field is located off of Concord Rd. between Ice House Pond and the cemetery entrance. It is a multi-use soccer field. This field also seats an outdoor ice rink during the winter months.

Elm St. Fields: The Elm St. Fields are located on Elm St. next to the Douglas School. The Elm St. fields consist of a playground, two tennis courts, a softball diamond, a soccer field and a picnic area.

Gardner Field: Gardner Field is located off of Rte. 111 (Mass. Ave.) near Kinsley Rd. This field consists of a playground, basketball hoop, and field area.

Goward Playground: Goward Playground is located behind the Acton Memorial Library in Acton center.

Great Hill: Great Hill is located off of School St. behind the South Acton Fire station. This field contains a soccer field located adjacent to the Great Hill conservation area.

Hart Field: Hart Field is located at the Conant Elementary School. This field consists of a baseball/softball diamond.

Jones Field: Jones Field is located off of Martin St. This field consists of a playground and a full size baseball diamond.

MacPherson Field: MacPherson Field is located at the Conant Elementary School. This field consists of a Baseball diamond.

School St. Field: The School St. fields are located at the end of School St. off of Rte. 2 East. This field consists of soccer fields.

Community Gardens: Located off Rt. 27 in N. Acton. Garden sign-ups begin on/around Dec. 15. There are approximately 45 garden plots varying from ½ to full plots.

Ice House Pond: The Ice House Pond is located off of Concord Rd. This pond has fishing and a picnic area.

Morrison Property: Take Rt. 2A west at the Concord Rotary, follow Rt. 2A into Acton, turn left onto Concord Road after Ice House Pond.

Little Great Hill: Little Great Hill is located off of School St. behind the South Acton Fire station and to the left of the Great Hill Field. This field contains small sided soccer fields.

NARA Park: NARA Park was opened in the summer of 1999. It is located at 25 Ledge Rock Way off of Rte. 27 (Main St.). NARA Park is home to the NARA Youth and Mighty Mini Summer Programs and also our summer cultural concert series. The park consists of a playground, NARA Pond and beach, a walking trail (approx. one mile loop), a softball field, a picnic pavilion, 3 soccer fields and an amphitheater.

T.J. O'Grady Skatepark: The Skate Park was opened in the Fall 2005. This free park is open during daylight hours. Facilities for skateboarding and rollerblading.

2006 Spring Summer Registration Form

This form to be used for recreation classes. (Beach and NARA Park Summer Program's and some events have their own form.)

(Please Print All Information, Signature Required Below)

Program Name: _____

Date of Session: _____ Time: _____ Amount of Sessions: _____

Participants Name: _____ Age: _____ Grade: _____

If participant is under age 18 please PRINT parent name: _____

Address: _____ Town: _____ Zip: _____

Email: _____ @ _____ . _____
(note: email addresses will not be distributed-they are for class notifications)

Parent/Guardian (if registrant is under 18) _____

Telephone:
(Home) _____ (Work) _____ (Emergency) _____

SPECIAL ACCOMMODATIONS-In order to enhance participation, please identify any special accommodations needed: _____

I agree to hold harmless the Town of Acton and/or its employees from claims or liability related to any accident that may occur. I give permission for medical treatment to be given if the need arises.

Signature of Class Participant or (Parent/Guardian if under age 18) **Date**
(Must be signed to participate)

Classes payable by cash or check- Checks payable to: *Town of Acton*

Please mail to or bring to: Town of Acton Recreation Department, 472 Main Street, Acton, MA 01720

Amount Enclosed: _____

For Office Use Only:

Received by: _____

Date: _____

Check # _____ or Cash

Amount \$ _____

NARA PARK BEACH

NARA Beach opens for the season on Saturday, May 27, 2006. The beach will be open daily from 10:00 a.m. – 6:00 p.m. prior to June 17, 2006. Beginning June 18, 2006, weekend and summer hours of operation will be 9:00 a.m. – 7:00 p.m. daily. The beach will close for the season on Monday, September 4, 2006. Beach memberships may be purchased at the Acton Town Hall--Recreation Department or at NARA Park Bath-house* during Beach operating hours. Please note that due to inclement weather or uncontrollable events, NARA Park Beach hours are subject to change.

ACTON RESIDENTS

If payment is received thru April 30

Family	\$135.00
Individual	\$75.00
Senior	\$35.00

As of May 1

Family	\$185.00
Individual	\$105.00
Senior	\$40.00

NON – RESIDENTS

If payment is received thru April 30

Family	\$185.00
Individual	\$110.00
Senior	\$45.00

As of May 1

Family	\$235.00
Individual	\$130.00
Senior	\$55.00

NOTE:

Family Memberships: are your immediate household members (verified by Census).

Senior Memberships: This is an individual rate for persons 65 or older.

*Annual Beach Passes purchased at NARA Park will be processed through the Recreation Department and mailed to your home during the first week of May. Passes purchased will be recorded and temporary ID's will need to be shown until you have received your pass in the mail.

DAILY BEACH RATES

Daily beach passes are purchased at NARA Park on date of use by beach monitors.

ACTON RESIDENTS - \$5.00 per person, \$20.00 per family

NON-RESIDENTS – \$7.00 per person, \$25.00 per family

Beach memberships and passes are non-refundable.

NARA PARK BEACH ACCESSIBILITY

NARA Park now offers a beach accessible wheelchair for anyone in need. Simply stop by the NARA Bathhouse office and ask for assistance in using the wheelchair. The wheelchair will be available on a first come, first served basis. Also, look for our new handicap accessible ramp leading to the beach and newly installed dock.

BOAT RENTALS

NARA Park has a supply of boats available for rental during normal beach hours. We have 6 kayaks, 6 paddleboats, and 3 canoes available for your use. Rentals are charged \$5.00 per ½ hour and should be paid directly to the lifeguard or beach monitor on duty. Rental fee includes boats, paddles, and lifejackets. Lifejackets must be worn at all times while using any boat. Rentals subject to boat availability and may not be reserved ahead of time. Children under age 12 must be supervised by an adult.

SNACK SHACK

The snack bar will be open for the season beginning Saturday, May 27, 2006 from 10:00 a.m. – 6:00 p.m. daily. There will be a wide variety of snacks including chips, candy, ice cream, soda, water, hot dogs, pizza, and more. All reasonably priced.

NARA PARK RENTALS

NARA Park is a great place to hold a family reunion, neighborhood picnic, birthday party or company get together. Did you know that you could reserve the amphitheater, bathhouse pavilion, picnic area or field space? Prices vary depending on number of attendees, area rented, and type of function being held. Field Request forms can be obtained on-line at www.acton-ma.gov or by stopping by the Recreation Department. All requests for rentals must be submitted on the Field Request Form. Fees are posted in the Recreation Department. Please contact the Recreation Department at (978) 264-9608 for more information.

Town of Acton Recreation Department

2006 NARA PARK BEACH REGISTRATION FORM



Register for beach memberships either in person, at the Acton Town Hall, NARA Park Bathhouse, or by mail. Upon receipt of registration a membership pass and 2006 beach tags will be sent to you. Please fill out the registration form completely, incomplete forms will not be processed. For further information, contact the Recreation Department at (978) 264-9608. **Mail registration form to:** Acton Recreation Department, Town Hall, 472 Main Street, Acton, MA 01720. Please make check payable to: "Town of Acton." Registration forms may be photocopied.

SUMMER BEACH MEMBERSHIP – (please print)

Family Name _____

Address _____

Town _____ Zip code _____

Telephone (Home) _____ Work _____

Check type of membership:

ACTON RESIDENTS

If payment is received thru April 30

\$135.00 Family _____

\$75.00 Individual _____

\$35.00 Senior (65+) _____

as of May 1

\$185.00 Family _____

\$105.00 Individual _____

\$40.00 Senior _____

OUT OF TOWN RESIDENTS

If payment is received thru April 30

\$185.00 Family (200 max sold) _____

\$110.00 Individual (100 max sold) _____

\$45.00 Senior (65+) _____

as of May 1

\$235.00 Family _____

\$135.00 Individual _____

\$55.00 Senior _____

For family memberships, please list all immediate household family members and ages below.
Incomplete name and age will not be processed.

PLEASE PRINT:

Name _____ Age _____

Name _____ Age _____

Name _____ Age _____

Name _____ Age _____

Name _____ Age _____

Name _____ Age _____

I agree to hold harmless the Town of Acton and/or its employees from claims or liability related to any accident that may occur. I give permission for medical treatment to be given if the need arises.

Signature (Parent/Guardian if under 18) Date: ____/____/2006 Amount Enclosed: \$ _____

Printed Name: _____

NARA Park Group and Private Swim Lesson Registration Form

The Acton Recreation Department will be offering a limited amount of swim lessons at NARA Park during the summer of 2006. Red Cross Swim Lessons will be available for beginners through Level 3 – Stroke Readiness. These classes are limited to children age 2.5 through 17. WSI instructors will confirm a child's readiness for level appropriateness after the first session. If necessary, an instructor may recommend an alternate level to fit the child's readiness.

Please sign up for the appropriate swim class and times and indicate this on your registration form. All classes will be held at the NARA Park beach, beach memberships are not required to participate in swim lessons. Participants must have Level 1 certification in order to take Level 2 classes and have Level 2 certification in order to take Level 3 classes. All group sessions are limited to 4 participants.

Level 1 – Water Exploration: Submerge face; bobbing; float supported front and back; bubble blowing; kick supported-front & back; crawl stroke arms; reaching assists; PFD use.

Level 2 – Primary Skills: Submerge head; retrieve objects—check depth; deep water—supported; prone float/glide, recover; supine float/glide, recover; level off from vertical; front & back flutter kick; fin on back; back crawl arms; combined strokes, front & back.

Level 3 – Stroke Readiness: Retrieve object eyes open; bob—chest deep; jump into water; prone and supine glide; front crawl breathing—10 yards; back crawl—10 yards; elementary back kick—10 yards; reverse direction front & back; tread water.



Swim Lesson Registration Form: Please check off lesson time and session desired.

All swim classes are subject to changes due to weather conditions. Make-up classes will be held on Fridays. First rain-day will be a make-up session and the second a dry land safety day. Classes may be combined if there are not enough participants to conduct classes. Refunds will not be issued without a written cancellation letter, no less than 7 (seven) business days from the start of the session. A \$10 administrative fee will be retained for each cancelled session. I agree to hold harmless the Town of Acton and/or its employees from claims or liabilities related to any accident that may occur. I give permission for medical treatment to be given if the need arise. I hereby agree to the above listed terms:

Parent/guardian Signature: _____

Printed Name: _____

Session 1: July 10-July 14

Monday-Thursday*

Mighty Mini Group: 10:45-11:15

Group 1: 11:45-12:15 PM _____

Group 2: 4:30-5:00 PM _____

Group 3: 5:15-5:45 PM _____

Session 2: July 17-July 21

Monday-Thursday*

Mighty Mini Group: 10:45-11:15 AM

Group 1: 11:45-12:15 PM _____

Group 2: 4:30-5:00 PM _____

Group 3: 5:15-5:45 PM _____

Session 3: July 24-July 28

Monday-Thursday*

Mighty Mini Group: 10:45-11:15 AM

Group 1: 11:45-12:15 PM _____

Group 2: 4:30-5:00 PM _____

Group 3: 5:15-5:45 PM _____

Session 4: July 31-Aug. 4

Monday-Thursday*

Mighty Mini Group: 10:45-11:15 AM

Group 1: 11:45-12:15 PM _____

Group 2: 4:30-5:00 PM _____

Session 4 continued-

Group 3: 5:15-5:45 PM _____

Session 5: Aug. 7-Aug. 11

Monday-Thursday*

Mighty Mini Group: 10:45-11:15 AM

Group 1: 11:45-12:15 PM _____

Group 2: 4:30-5:00 PM _____

Group 3: 5:15-5:45 PM _____

Session 6: Aug. 14-Aug. 18

Monday-Thursday*

Mighty Mini Group: 10:45-11:15

Group 1: 11:45-12:15 PM _____

Group 2: 4:30-5:00 PM _____

Group 3: 5:15-5:45 PM _____

Session 7: July 15-Aug. 12

SATURDAY Mornings

Group 1: 10:45-11:15 AM _____

Group 2: 11:30-12:00 PM _____

Group 3: 12:15-12:45 PM _____

***FRIDAYS ARE MAKE-UP CLASSES**

PRIVATE SWIM LESSONS: Private and semi-private swim lessons are available from WSI instructors for levels 1-6 (beginner to advanced): 5—1/2 hour lessons: \$100. Swim days and times are worked out with WSI instructor and swim lesson coordinator.

Group Swim Lesson Fee: \$50 per session **Private Swim Lessons:** 5 – 30-minute lessons \$100

Semi-Private (2 persons—same level 5—30 minute lessons \$150) For private lessons, please note in comment section child's availability.

Payable to: Town of Acton by check or cash only

Please Print

Participants Name: _____ Phone: _____

Parent/Guardian Name: _____ Emergency # _____

Email Address (for class contact use only): _____

Male or Female **Date of Birth:** ____/____/____ School grade in September 2006 _____

Prior swim lessons? Yes No Last passed tested level _____ Location: _____

Address: _____ City: _____

Email Address (for class contact use only): _____

Comments: _____



2006 NARA YOUTH & MIGHTY MINI SUMMER PROGRAM

JUNE 26—AUGUST 25, 2006

AT NARA PARK IN ACTON

Each week there is a different theme. During that week, special group and team challenges, activities, and surprises are held. Here is the **NEW** 2006 schedule:

- ♦ **June 26-30** Discover the Wonders
- ♦ **July 3-7** All American
- ♦ **July 10-14** Survivor
- ♦ **July 17-21** Military
- ♦ **July 24-28** Disney Madness
- ♦ **July 31-Aug. 4** Native American
- ♦ **Aug. 7-11** Olympics
- ♦ **Aug. 14-18** Up, Up & Away
- ♦ **Aug. 21-25** We Are All One Family

Descriptions of each program week can be found on the Recreation page of our website: www.acton-ma.gov

Full Day Program Time: 8AM—4PM

Costs Per Week (Session)

NARA Youth cost per week: \$185.

NARA Mighty Mini 1/2 day: \$95.

NARA Mighty Mini Full day: \$185.

Additional Fees:

Pre-program 7:30 – 8:00 a.m. \$10.
(board games)

Post-Program 4:00 – 5:30 p.m. \$20.
(board games, card games, arts & crafts, sporting options)

Both Pre and Post Programs \$25.

MIGHTY MINI PROGRAM

(4 & 5 YEAR OLDS)

8:00 a.m. – 12:00 p.m. = \$95

12:00 a.m. – 4:00 p.m. = \$95

8:00 a.m. – 4:00 p.m. = \$185

5:1 participant to counselor ratio. Four counselors stay with MM Program through the entire summer activities which are the same as listed for regular program, **PLUS** swim lessons are included and taught by Water Safety Instructors and certified life-guards.

NARA YOUTH SUMMER PROGRAM (1ST-8TH GRADE)

Quick Facts

10:1 participant to counselor ratio and Counselor-in-Training (Workreation) assists the group. Counselors age from junior year of high school to college.

There is a program staff of 25. The staff is rotated around each week so children have the chance to experience many great counselors. A variety of activities offered each week include:

- ♦ arts & crafts
- ♦ nature
- ♦ Boating
- ♦ music
- ♦ drama
- ♦ sports activities
- ♦ group challenges
- ♦ swimming
- ♦ all-group events
- ♦ field trips & much more!



MISSION STATEMENT

The goal of the Program is to create an atmosphere for children to grow socially, physically, and work within groups to solve challenges while having fun through our activities run by our dedicated staff.



We look forward to seeing your child return to our summer program or begin their first NARA summer experience in our fun, safe & exciting program.

They will enjoy our enthusiastic staff and will make many memories.

See you this summer!

FOR FURTHER INFORMATION:

Acton Recreation Department
Acton Town Hall
472 Main St.
Acton, MA 01720
(978) 264-9608

Website: www.acton-ma.gov

Or email us at:

recreation@acton-ma.gov

Signup forms may be obtained on our website or in our spring/summer program brochure.





2006 NARA YOUTH SUMMER PROGRAM

(Children entering 1st – 8th grade) Please fill out this form completely. **NEW Policy:** Incomplete forms or those which are not accompanied by payment in full will not be processed.

CHILD'S NAME _____

GRADE ENTERING IN SEPTEMBER 2006 _____ MALE/FEMALE _____

PARENT/GUARDIAN NAME(S) _____

STREET ADDRESS _____

CITY, STATE, ZIP _____

HOME PHONE _____ WORK PHONE _____

EMERGENCY PHONE _____ PAGER/CELL PHONE _____

ALLERGIES (PLEASE LIST) _____

MEDICATIONS (PLEASE LIST) _____

SPECIAL ACCOMMODATIONS (IF ANY) _____

PEOPLE AUTHORIZED TO PICKUP YOUR CHILD FROM SUMMER PROGRAM. **INCLUDE YOURSELF** IF APPLICABLE. NO ONE WILL BE ALLOWED TO PICKUP YOUR CHILD UNLESS HIS/HER NAME APPEARS ON THIS LIST. **Please note: all changes must be made in writing by parent at the Recreation Department in Town Hall.**

Program Hours: 8:00 AM – 4:00PM

Per Session Price: \$185

SESSION #2 July 4th week - \$150 (Program not offered Tue. July 4)

Fill in circles for weeks you want to sign up your child for:

June 26 – June 30 Session 1 Discover the Wonders Week <input type="checkbox"/>	July 24 – 28 Session 5 Disney Madness Week <input type="checkbox"/>	Aug. 21 – Aug. 25 Session 9 We Are All One Family Week <input type="checkbox"/>
July 3 – July 7 Session 2 (No program on July 4) All American Week <input type="checkbox"/>	July 31 – Aug. 4 Session 6 Native American Week <input type="checkbox"/>	Comments: _____
July 10 – July 14 Session 3 Survivor Week <input type="checkbox"/>	Aug. 7 – Aug. 11 Session 7 Olympics Week <input type="checkbox"/>	_____
July 17 – 21 Session 4 Military Week <input type="checkbox"/>	Aug. 14 – Aug. 18 Session 8 Up, Up and Away <input type="checkbox"/>	_____

AMOUNT ENCLOSED \$ _____

Pre program sessions: _____

Late Pickup Sessions: _____

EARLY MORNING CARE ONLY (7:30 – 8:00 AM) NUMBER OF WEEKS NEEDED _____ x \$10.00/WK _____

LATE PICK-UP ONLY (4:00 – 5:30 PM) NUMBER OF WEEKS NEEDED _____ x 20.00 PER WK _____

EARLY MORNING CARE AND LATE PICKUP NUMBER OF WEEKS NEEDED _____ X \$25.00 PER WEEK _____

PLEASE NOTE NEW THIS YEAR--Payments are due in full for all weeks signed up for. A \$50 administrative fee will be retained for each week of any withdrawal request. You must notify the Acton Recreation Department in writing one week (7 days) prior to your scheduled session(s) start date or you forfeit your payment 100%. If you are late picking up your child, a \$1.00 per minute late fee will be assessed. Proof of immunizations and health exam documentation (within the past 12 months) will be required prior to admittance to the Summer Program. Please submit your child's current physical and immunization record to the Recreation Department.

I HAVE READ AND AGREE TO THE ABOVE STATEMENT.

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____

T-SHIRT SIZE (CIRCLE ONE) – LIMIT ONE PER CHILD PER SUMMER

Shirts may be picked up at the Recreation Department after June 12. Shirts will not be mailed or handed out at NARA Park.

Youth S Youth M Youth L Adult M Adult L Adult XL

Please Note: We only offer a letter of receipt for payments for attending NARA Youth Summer Programs with our Tax Exemption Number and we are not authorized to sign reimbursement paperwork. We are a town recreation program and not a licensed daycare provider or camp.

2006 NARA MIGHTY MINI SUMMER PROGRAM



(Children ages 4 and 5)

Please fill out this form completely. **NEW: Incomplete forms or those which are not accompanied by payment in full will not be processed.** Children must be Age 4 by the start date of session.

CHILD'S NAME _____

GRADE ENTERING IN SEPTEMBER 2006 _____ MALE/FEMALE _____

PARENT/GUARDIAN NAME(S) _____

STREET ADDRESS _____

CITY, STATE, ZIP _____

HOME PHONE _____ WORK PHONE _____

EMERGENCY PHONE _____ PAGER/CELL PHONE _____

ALLERGIES (PLEASE LIST) _____

MEDICATIONS (PLEASE LIST) _____

SPECIAL ACCOMMODATIONS (IF ANY) _____

PEOPLE AUTHORIZED TO PICKUP YOUR CHILD FROM SUMMER PROGRAM. **INCLUDE YOURSELF IF APPLICABLE.** NO ONE WILL BE ALLOWED TO PICKUP YOUR CHILD UNLESS HIS/HER NAME APPEARS ON THIS LIST. **Please note: all changes must be made in writing by parent at the Recreation Department in Town Hall.**

ALL DAY - \$185.00 ½ DAY - \$95.00

Exception: Session #2 no program on July 4 – ALL DAY \$150 HALF DAY- \$76

Fill in circles for AM or PM or both for full day. Please Note: Session's 1-8 limited to 20 Mini's per session/per week. Session 9 is limited to 15 Mini's per session/week.

June 26 – June 30 Session 1 Discover the Wonders Week	<input type="checkbox"/> AM <input type="checkbox"/> PM	July 24 – 28 Session 5 Disney Madness Week	<input type="checkbox"/> AM <input type="checkbox"/> PM	Aug. 21 – Aug. 25 Session 9 We Are All One Family Week	<input type="checkbox"/> AM <input type="checkbox"/> PM
July 3 – July 7 Session 2 All American Week	<input type="checkbox"/> AM <input type="checkbox"/> PM	July 31 – Aug. 4 Session 6 Native American Week	<input type="checkbox"/> AM <input type="checkbox"/> PM	Comments: _____ _____ _____	
July 10 – July 14 Session 3 Survivor Week	<input type="checkbox"/> AM <input type="checkbox"/> PM	Aug. 7 – Aug. 11 Session 7 Olympics Week	<input type="checkbox"/> AM <input type="checkbox"/> PM		
July 17 – 21 Session 4 Military Week	<input type="checkbox"/> AM <input type="checkbox"/> PM	Aug. 14 – Aug. 18 Session 8 Up, Up and Away	<input type="checkbox"/> AM <input type="checkbox"/> PM		

AMOUNT ENCLOSED \$ _____

PLEASE NOTE NEW THIS YEAR--Payments are due in full for all weeks signed up for. A \$50 administrative fee will be retained for each week of any withdrawal request. You must notify the Acton Recreation Department in writing one week (7 days) prior to your scheduled session(s) start date or you forfeit your payment 100%. If you are late picking up your child, a \$1.00 per minute late fee will be assessed. Proof of immunizations and health exam documentation (within the past 12 months) will be required prior to admittance to the Summer Program. Please submit your child's current physical and immunization record to the Recreation Department.

I HAVE READ AND AGREE TO THE ABOVE STATEMENT.

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____

T-SHIRT SIZE (CIRCLE ONE) – LIMIT ONE PER CHILD PER SUMMER

Shirts may be picked up at the Recreation Department after June 12. Shirts will not be mailed or handed out at NARA Park.

Youth S Youth M Youth L

Please Note: We only offer a letter of receipt for payments for attending NARA Youth Summer Programs with our Tax Exemption Number and we are not authorized to sign reimbursement paperwork. We are a town recreation program and not a licensed daycare provider or camp.

Workreation Program



TOWN OF ACTON RECREATION DEPARTMENT

472 Main Street
Acton, Massachusetts 01720
Telephone: (978) 264-9608
Fax: (978) 264-9630
Website: www.acton-ma.gov
Email: recreation@acton-ma.gov

**FUN AND
EXCITEMENT
IN THE
SUMMER SUN!**

**TEAMWORK
RESPONSE-
ABILITY
RESPECT
LEADERSHIP
CHARACTER
EXPERIENCE
KNOWLEDGE**

- 1. What is Workreation?** Workreation is a program that combines work and recreation, allowing 14-15 year olds to assist in recreation activities using the volunteer hours for professional development.
- 2. How Does It Work?** Workreation in Acton is open to teens aged 14 or 15 if accepted into the program. You have ample opportunity to learn about your abilities and interests. Workreation participants are not paid; there is a cost to be associated with this training program. There are a limited number of Workreation positions available for the NARA Park Summer Program.
- 3. How to Get Involved:** To register, fill out the enclosed application and return it by mail or in person to the Recreation Department, 472 Main Street, Acton, MA 01720. All registrants will be required to set up and interview with the Recreation Director. **Applicants for summer positions are due no later than May 5, 2006.**

SESSION DATES

- **June 26-July 7**
- **July 10-July 21**
- **July 24-Aug. 4**
- **Aug. 7-Aug. 25**



Workreation positions begin Monday, June 26 and continue through Friday, August 25. You can indicate the session you wish to be signed up for. You must be available for the entire two or three week session. Volunteer hours are from 8 a.m. to 4 p.m. Monday – Friday. Workreation participants will attend professional development trainings; participate in evaluations and journaling progress.

SAMPLE TRAINING:

- | | | | |
|------------------------|-------------|-------------------|----------------------|
| • What is Leadership? | • Leading a | • Dealing with | • Communication with |
| • Conflict Resolution | Recreation | Personalities | Children |
| • Emergency Management | Activity | • Age Appropriate | • Early Childhood |
| • Special Needs | | Behaviors | Development |

To sign up: Complete the attached Workreation application or locate a form on-line at: <http://www.acton-ma.gov> on the Recreation Department page. Forms may also be obtained at the Recreation Department, Acton Town Hall.

THE FOLLOWING GUIDELINES MUST BE MET:

1. Workreation participants must work every day of the session for which they are assigned.
2. Age requirement must be met in order to participate. Individuals must be active with children for which they are assigned. This is considered professional job training. You are here to participate and be involved in all ongoing activities. We at Acton Recreation look forward to developing workreation employees as well as learning from them! Many past CIT's have gone on to be employed at the NARA Park Summer Program.
3. All Workreation participants must have a current CPR and First Aid certification during their session date. An opportunity for free certification will be offered on one date in early summer prior to the start of the program.

2006 NARA CIT SUMMER PROGRAM

WORKREATION PROGRAM

For YOUTH AGES 14-15



YOUTH NAME _____

AGE AS OF JUNE 27, 2006 _____ MALE/FEMALE _____

PARENT/GUARDIAN NAME(S) _____

STREET ADDRESS _____

CITY, STATE, ZIP _____

HOME PHONE _____ WORK PHONE _____

EMERGENCY PHONE _____ PAGER/CELL PHONE _____

ALLERGIES (PLEASE LIST) _____

MEDICATIONS (PLEASE LIST) _____

SPECIAL ACCOMMODATIONS (IF ANY) _____

PEOPLE AUTHORIZED TO PICKUP YOUR YOUTH FROM SUMMER PROGRAM. **INCLUDE YOURSELF** IF APPLICABLE. NO ONE WILL BE ALLOWED TO PICKUP YOUR YOUTH UNLESS HIS/HER NAME APPEARS ON THIS LIST. **Please note: all changes must be made in writing by parent at the Recreation Department in Town Hall.**

All Session Hours: Mon-Fri. 8:00 AM – 4:00 PM

FEE: PER SESSION LISTED BELOW—PAYMENT DUE IN FULL FOR EACH SESSION SIGNED UP FOR—SORRY, NO REFUNDS WILL BE ISSUED FOR WORKREATION

Fill in circles for the session(s) you want to sign your teen up for:

June 26 – June 30 Session 1 FEE: \$35 Discover the Wonders Week <input type="checkbox"/> All American Week <input type="checkbox"/>	July 24 – Aug. 4 Session 3 FEE: \$35 Disney Madness Week <input type="checkbox"/> Native American Week <input type="checkbox"/>	Comments:
July 10– July 21 Session 2 FEE: \$35 Survivor Week <input type="checkbox"/> Military Week <input type="checkbox"/>	Aug. 7 – Aug. 25 Session 4 FEE: \$45 Olympics Week <input type="checkbox"/> Up, Up and Away <input type="checkbox"/> We Are All One Family Week <input type="checkbox"/>	

AMOUNT ENCLOSED: _____

Please return registration forms to the Acton Recreation Department. The Recreation Director will call to schedule a mandatory interview with each candidate. No one is accepted into the Workreation program without an interview and approval from the Acton Recreation Director.

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____

(Shirts may be picked up at the Recreation Department after June 12, 2006. T-Shirts will not be mailed or handed out at NARA Park.)

T-SHIRT SIZE (CIRCLE ONE) – LIMIT ONE PER CHILD PER SUMMER

Youth S Youth M Youth L Adult M Adult L Adult XL

Please Note: We only offer a letter of receipt for payments for attending NARA Youth Summer Programs with our Tax Exemption Number and we are not authorized to sign reimbursement paperwork. We are a town recreation program and not a licensed daycare provider or camp.

L I T T L E T Y K E S

PLAYGROUND PLAYGROUP



Playground playgroup is a non-instructional class designed to be a social group for children up to four years of age. Snack/drink will be provided as well as an array of equipment.

Session 1:

DAYS: Wednesday & Friday, May 10-May 26

Rainmake-up days on Thursday's

TIME: 10:15-11:00 a.m.

LOCATION: NARA Park Playground

FEE: \$22 per child

INSTRUCTOR: Lisa Murphy

MIN/MAX STUDENTS: 6/15

Session 2:

DAYS: Tuesday & Thursday, May 30-June 15

Rainmake-up days on Friday's

TIME: 10:15-11:00 a.m.

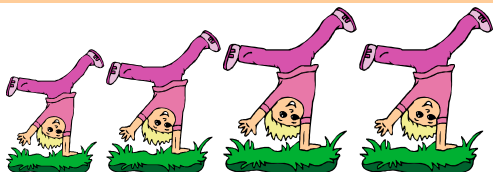
LOCATION: NARA Park Playground

FEE: \$22 per child

INSTRUCTOR: Lisa Murphy

MIN/MAX STUDENTS: 6/15

TOT SPOT



Join other 2 & 3 year olds as we explore various activities and games weekly at NARA Park. Each week there will be a new sport, game and activity. This is a fun, interactive parent-child class.

DAYS: Thursday mornings, May 11-June 15

TIME: 9:00-9:45 a.m.

LOCATION: NARA Park

FEE: \$40 per child

INSTRUCTOR: Lisa Murphy

MIN/MAX STUDENTS: 6/15



START SMART SPORT PROGRAMS

Before entering organized youth sports programs, children need to master the fundamental motor skills that serve as a basis for more complex sports skills. Children do not effectively learn these skills by playing games, but rather by learning and practicing developmentally appropriate activities.

Developmentally appropriate activities are tasks that are designed for the current performance ability level of the child with equipment that enables the child to be successful. Success is extremely important in early motor skill learning experiences, as it builds self-esteem and the motivation and confidence needed to try and improve.

Children who enter youth sports programs with fundamental motor skills and confidence in their ability to perform are much more likely to learn new, more complex sport-specific skills, achieve success in competition, and enjoy a positive sports experience. These children are also more likely to participate in sports fitness activities as adults.

All children should be provided with effective, developmentally appropriate activities and equipment to prepare them for future organized sports competitions. Start Smart accomplishes this by offering programs that encourage children and parents to spend quality time together, without the threat of competition or the fear of getting hurt.

Fact:

- 49% of children do not have the basic skills necessary when they enter organized sports.
- Over 70% of kids will drop out of organized sports by the age of 13.

L I T T L E T Y K E S

START SMART SPORTS DEVELOPMENT PROGRAM



Start Smart teaches children ages 3-5 the basic motor skills necessary to play organized sports, while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents basic sport mechanics without the threat of competition or the fear of getting hurt. Start Smart sessions are held one time per week for 6 weeks, and each week the exercises become increasingly more challenging as the class progresses and the children show improvement. This class focuses on the skills of catching, throwing, kicking and hitting.

DAYS: Wednesday
DATE: April 26-May 31, 2006
TIME: 9:00-9:45 a.m.
LOCATION: NARA Park upper fields
FEE: \$50
INSTRUCTOR: Jamie Norton
MIN/MAX STUDENTS: 5 / 8

START SMART BASEBALL



Start Smart Baseball was developed to assist young children **3-5 years** old in learning the basic skills necessary for a successful first time experience in organized baseball or tee ball. Start Smart Baseball is an offshoot of the popular Start Smart Sports Development Program. Start Smart Baseball focuses on including parents as an integral part of their child's learning process. Parents participate one-on-one with their child with the guidance of an instructor teaching them the baseball skills of throwing, catching, batting, and running/agility.

Class: Will be offered in our fall program. See TBALL Clinic offered by Skyhawks—see next page.

START SMART SOCCER



Start Smart Soccer was developed to assist young children **3-5 years** old in learning the basic skills necessary for a successful first time experience in organized soccer. Start Smart Soccer focuses on including parents as an integral part of their child's learning process. Parents participate one-on-one with their child with the guidance of an instructor teaching them the soccer skills of kicking, dribbling, trapping, throw-ins and agility.

Two Separate class offerings:

DAYS: Friday
DATE: April 28-June 2, 2006
AM SESSION 1 – 10:30 a.m. – 11:30 a.m.
PM SESSION 2 – 1:00 p.m. – 2:00 p.m.
LOCATION: NARA Park upper fields
FEE: \$55
INSTRUCTOR: Jamie Norton
MIN/MAX STUDENTS: 5 / 10

START SMART BASKETBALL



Start Smart Basketball teaches children **ages 3-5** the basic motor skills necessary to play organized basketball, while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents dribbling/ball handling, shooting, passing/catching, and running/agility without the threat of competition or the fear of getting hurt. Start Smart Basketball sessions are held one time per week for 6 weeks, each week the exercises become increasingly more challenging as the class progresses and the children show improvement.

DAYS: Monday
DATE: April 24-June 5, 2006 (No Class May 29)
TIME: 11:00 -11:45 a.m.
LOCATION: NARA Park Bathhouse
FEE: \$50
INSTRUCTOR: Jamie Norton
MIN/MAX STUDENTS: 4 / 6

L I T T L E T Y K E S

START SMART GOLF



Start Smart Golf teaches children ages 5-7 and their parents the basic skills necessary to play golf. Utilizing the innovative line of SNAG Golf products, children who have never picked up a club will discover how to play golf with fun activities and exciting equipment that is safe and developmentally appropriate. Start Smart Golf encourages parents to work one-on-one with their child, with the guidance of the instructor during the 6-week program.

DAYS: Wednesday
 DATE: April 26-May 31, 2006
 TIME: 10:30 a.m.-11:30 a.m.
 LOCATION: NARA amphitheatre
 FEE: \$50
 INSTRUCTOR: Jamie Norton
 MIN/MAX STUDENTS: 6 / 10

NEW!

CREATIVE MOVEMENT & MUSIC



Children will be encouraged to use creative and imaginative expression through dance, song and other activities. For children ages 2 & 3. This is an interactive parent-child class.

DAYS: Tuesday's, May 16-June 20, 2006
 TIME: 9:00-9:45 a.m.
 LOCATION: NARA Park Amphitheatre
 FEE: \$45 per child
 INSTRUCTOR: Lisa Murphy
 MIN/MAX STUDENTS: 6/15

SKYHAWKS TEE BALL



Skyhawks' Tee Ball teaches basic skills required for later success in youth baseball. We'll work on throwing, fielding, base running and hitting the ball with unique games and activities. In keeping with our tradition of offering the safest programs around while focusing on proper technique, we utilize safety bats and balls designed specially for the youth player. This is a great program for your little baseball enthusiast or for someone trying to get a feel for the game!

DAYS: May 22 – May 26, 2006
 TIME: 9:00 a.m. – 12 p.m.
 LOCATION: Veteran's Field
 FEE: \$100
 AGES: 4-6
 INSTRUCTOR: Skyhawk's Staff
 MIN/MAX STUDENTS: 12/32

Program Ideas

We are always looking for new ideas for programs. If you have any thoughts or special talent or skill and are interested in offering a program, please email us at: recreation@acton-ma.gov

L I T T L E T Y K E S

KUNG FU FOR KIDS LITTLE DRAGONS

For children ages 4-6. Kung Fu teaches children to try their best. Through training they learn how to overcome challenges and experience victories, giving them confidence and spirit to be their best in martial arts, their school and home. This class develops: flexibility, strength, self defense, respect, self esteem and coordination. T-shirt included and testing for the belt included upon completion of the program.

Web address: www.athleticbalance.com

DAYS: Wednesdays, March 8-April 12, 2006

TIME: 3:30-4:00 p.m.

LOCATION: Chinese Martial Arts, 240 Arlington St., West Acton

FEE: \$75/6 weeks

INSTRUCTOR: Narcyz Latecki/Eva Latecki

MIN/MAX STUDENTS: Max. 6

DAYS: Wednesdays, May 3-June 7, 2006

TIME: 3:30-4:00 p.m.

LOCATION: Chinese Martial Arts, 240 Arlington St., West Acton

FEE: \$75/6 weeks

INSTRUCTOR: Narcyz Latecki/Eva Latecki

MIN/MAX STUDENTS: Max. 6

DAYS: Thursdays, March 2-April 6, 2006

TIME: 5:00-5:30 p.m.

LOCATION: Chinese Martial Arts, 240 Arlington St., West Acton

FEE: \$75/6weeks

INSTRUCTOR: Narcyz Latecki/Eva Latecki

MIN/MAX STUDENTS: Max. 6

DAYS: Thursdays, May 4-June 8, 2006

TIME: 5:00-5:30 p.m.

LOCATION: Chinese Martial Arts, 240 Arlington St., West Acton

FEE: \$75/6weeks

INSTRUCTOR: Narcyz Latecki/Eva Latecki

MIN/MAX STUDENTS: Max. 6

WHAT IS THE DEFINITION OF PLAY?

- Spontaneity
- Self-Expression
- Non-Serious

Please note . . .

We don't send class confirmations. You are officially enrolled as soon as we receive your registration with payment.

Don't let LOW ENROLLMENT ruin your program!

Most program cancellations are due to not enough registrations for an instructor to run a program.

Don't procrastinate, SIGN-UP NOW!

Y O U T H P R O G R A M S

NEW!! KID'S CROP 101—

**FOR AGES 8 AND UP
INSPIRING SCRAPBOOK
ALBUMS FOR KIDS**



This class is designed to help inspire the love of album making in children. It will help them to cherish the moments you have given them. They will learn to use special cutting/ cropping tools, become familiar with safe photo products and will create an entire album based on their specific interest. To help your child become a family Memory Keeper, each student will receive a 7x7 photo safe album, sticker pack and materials and instruction to complete their album. Students may bring up to 12 photos with them to class.

Age Appropriate: 8+

DATE: Tuesday, March 28, 2006

TIME: 6-8:30 PM

LOCATION: 1 Prescott Road, Acton

FEE: \$40

INSTRUCTOR: Susan Kelly

MIN/MAX STUDENTS: 4/10

JR. CHEF'S

For creative cooks ages 9-12



The gourmet creations continue . . . This winter we had our first program with Jr. Chef's. With the success of this program we look forward to another fun learning experience in the kitchen creating fun and exciting hearty meals that our Jr. Chef's prep and cook themselves. We'll be cooking up new delicious summer food creations while having fun learning kitchen skills and food safety. This class is for children 9-12 years only.

DAYS: Thursdays: April 13, April 20 and April 27 & May 4

TIME: 2:15-3:45 p.m.

LOCATION: Council on Aging Building—Senior Center located on Audubon Hill

FEE: \$75

INSTRUCTOR: Acton Recreation Department

MIN/MAX STUDENTS: 5/8

KUNG FU FOR KIDS AGES 7-10

Kung Fu teaches children to try their best. Through training they learn how to overcome challenges and experience victories, giving them the confidence and spirit to be their best in martial arts, their school, and home. This class develops: flexibility, strength, self-defense, respect, self esteem, and coordination. 978-635-1090. **T-shirt included and testing for the belt upon completion of the program.** Website:

www.athleticbalance.com

YOUNG TIGERS Ages 7-10

Class Meets: Tuesday

Date: March 7-April 11, 2006

Time: 5:30-6:15 PM

Location: Chinese Martial Arts, 240 Arlington Street, W. Acton

Fee: \$85/6 weeks

Instructor: Eva Latecki and Narcyz Latecki

Maximum: 10 Students

YOUNG TIGERS Ages 7-10

Class Meets: Tuesday

Date: May 2-June 6, 2006

Time: 5:30-6:15 PM

Location: Chinese Martial Arts, 240 Arlington Street, W. Acton

Fee: \$85/6 weeks

Instructor: Eva Latecki and Narcyz Latecki

Maximum: 10 Students

YOUNG TIGERS Ages 7-10

Class Meets: Monday

Date: March 6-April 10, 2006

Time: 4:00-4:45 PM

Location: Chinese Martial Arts, 240 Arlington Street, W. Acton

Fee: \$85/6 weeks

Instructor: Eva Latecki and Narcyz Latecki

Maximum: 10 Students

YOUNG TIGERS Ages 7-10

Class Meets: Monday

Date: May 1-June 12, 2006 (no class May 29-Memorial Day)

Time: 4:00-4:45 PM

Location: Chinese Martial Arts, 240 Arlington Street, W. Acton

Fee: \$85/6 weeks

Instructor: Eva Latecki and Narcyz Latecki

Maximum: 10 Students

YOUNG TIGERS Ages 7-10

Class Meets: Wednesday

Date: March 1-April 5, 2006

Time: 4:00-4:45 PM

Location: Chinese Martial Arts, 240 Arlington Street, W. Acton

Fee: \$85/6 weeks

Instructor: Eva Latecki and Narcyz Latecki

Maximum: 10 Students

YOUNG TIGERS Ages 7-10

Class Meets: Wednesday

Date: May 3-June 7, 2006

Time: 4:00-4:45 PM

Location: Chinese Martial Arts, 240 Arlington Street, W. Acton

Fee: \$85/6 weeks

Instructor: Eva Latecki and Narcyz Latecki

Maximum: 10 Students

Y O U T H P R O G R A M S

KID'S DAY AT THE BOSTON ROCK GYM— INDOOR ROCK CLIMBING! AGES 7-12

Gym instructors (belayers) provide a supportive and encouraging environment for kids to learn the basics of climbing. (Gear is provided)

NOTE: All participants must complete a waiver form by a parent/guardian at time of drop-off. We will not be busing students. Parents must provide transportation.

LOCATION: 78G Olympia Avenue, Woburn, 01801. Phone: 781-935-7325 www.bostonrockgym.com

FEE: \$40 per child

DATE: Saturday, April 8, 2006

TIME: 5:30-8:30 p.m.

Min/Max: 12 participants



NEW! Arts & Crafts for Kids Workshops

All New! A variety of arts and craft workshops will be offered at this spring at NARA Park. All materials are included with the cost of the workshop. Come and experience the joy of creating art! Please have children wear appropriate clothing. All classes are taught by NARA's Youth and Mighty Mini Program's Art Director, Erin Prisk.

SESSION 1: Little Princess Workshop—Children will make a princess wand, tiara, and necklace.

AGES: 5-8

TIME: 10:00 a.m. – 12:00 p.m.

DATE: Saturday, June 10, 2006

LOCATION: NARA Park tented picnic area

FEE: \$20

MIN/MAX: 10/20

SESSION 2: Tissue Flowers/Vase—There is an artist in every child! Children ages 5-10 will create a centerpiece or flower gift. What a great gift for Mother's Day!

AGES: 5-10

TIME: 10 a.m. – 12:00 p.m.

DATE: Saturday, May 13, 2006

LOCATION: NARA Park Tented picnic area or Bath-house

FEE: \$20 per child

MIN/MAX: 10/20

SESSION 3: Beginners Charcoal Drawing Class—This class is designed to teach the process and steps of drawing by using the subtractive methods, stressing shading value, proportion, shape and draw still life model. Two different dates are offered.

AGES: 9-16

TIME: 10 a.m. – 12:00 p.m.

DATE: Saturday, May 20, 2006 or Saturday, May 27, 2006

LOCATION: NARA Park Tented picnic area or Bath-house

FEE: \$20 per child/ per session date

MIN/MAX: 6/12

NEW! SKYHAWKS SKATEBOARD CLINIC



Basic skateboarding instruction with an emphasis on balance, pushing the board, kick turns, maneuvering, and manual. Campers will progress as they accomplish skills. Participants must bring helmet, wrist, elbow, and kneepads, and skateboard. Bring an identified water bottle. A liability form will need to be signed by the parents before participation. Camp will be directed by instructors from Skyhawk Sports Academy.

DAYS: Saturday, May 20, 2006

TIME: 9:00 a.m. – 3:00 p.m.

LOCATION: TJ O'Grady Skatepark

FEE: \$55

INSTRUCTOR: Skyhawk's Staff

AGES: 10-14

MIN/MAX STUDENTS: 12 /14



SKYHAWKS GIRLS LACROSSE CLINIC

This Skyhawks Girls Lacrosse program is the first offered from Skyhawks in Acton and will quickly become one of the top programs for girls lacrosse offered in the area in New England and it will be held in Acton this summer. Each day will end with live scrimmages allowing players to work on their newly developed skills. Players entering grades 5-9 are welcome and encouraged to attend and will be grouped by their appropriate skill level. All players will benefit by refining and increasing their lacrosse skills and learning to play at a higher level. New players wanting to try lacrosse can get up to speed in no time and be playing after the first day. Many experienced lacrosse players can move on to play for NESLL, Mass Bay, and Mass Elite teams. Players need an approved girls stick, eye goggles, and mouth guard. All players will receive an Skyhawks Lacrosse Tee Shirt. Please feel free to email recreation@acton-ma.gov or visit the web site at: skyhawks.com with any questions.

DATES: June 26 – June 30, 2006

TIME: 9AM – 12 PM

FEE: \$135.00

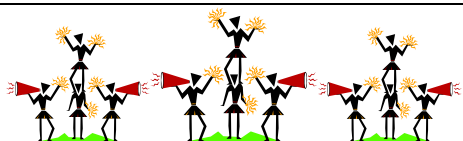
LOCATION: The clinic will be held at Leary Field

AGES: 7-14

INSTRUCTOR: Skyhawks Staff

Minimum 12 players, Limit 100 Players

Y O U T H P R O G R A M S



SKYHAWKS CHEERLEADING



Skyhawks' Cheerleading offers a week of cheers, chants and fun games! Participants will be taught proper motion and jumping techniques for all aspects of cheering. The week will end with a Friday performance for the parents. Participants in Cheerleading may also be cheering on the sidelines for other Skyhawks' programs. Participant-to-coach ratio is approximately 15:1. Participants will receive pompoms, a t-shirt and a merit award.

DAYS: July 17-July 21, 2006

TIME: 9:00 a.m.-12:00 p.m.

LOCATION: Leary Field

FEE: \$100.00

INSTRUCTOR: Skyhawks Staff

AGES: 7-14

MIN/MAX STUDENTS: 12 Min./ 100 Max.

SKYHAWKS TENNIS SUMMER CLINIC



Skyhawks' Tennis focuses on the fundamental skills needed to participate in this lifelong sport. Participants learn the proper techniques of grip, footwork, groundstrokes, volleys, overheads and serves. Players will also learn the rules and etiquette of the game. Participant-to-coach ratio is approximately 8:1. Participants will receive a t-shirt and Player Evaluation form filled out by their coach. Min/Max: 12/16

Session 1:

DAYS: July 17-July 21, 2006

TIME: 9:00 a.m. – 12:00 p.m.

LOCATION: Elm Street Tennis Courts

FEE: \$100.00

INSTRUCTOR: Skyhawks Staff

AGES: 7-14

Session 2:

DAYS: Aug. 14-Aug. 18, 2006

TIME: 9:00 a.m. – 12:00 p.m.

LOCATION: Elm Street Tennis Courts

FEE: \$100.00

INSTRUCTOR: Skyhawks Staff

AGES: 7-14

INSTRUCTIONAL FIELD HOCKEY

Designed for the beginner, this class will focus on learning the skills of field hockey and will introduce participants to field hockey. Class format will include stick skills, drills, 3v3, and defensive/offensive concepts. This class is ideal for anyone thinking about playing field hockey at the junior high or high school level. Open to grades 4 through 6 only. Sticks and balls will be supplied for this class.

DAYS: Thursdays, April 27-June 1, 2006

TIME: 3:00-4:15 p.m.

LOCATION: Elm Street Field

FEE: \$70

INSTRUCTOR: Laura Sikalis and assistant

MIN/MAX STUDENTS: Min. 20



FIELD HOCKEY SUMMER CLINIC I

This four-day clinic will provide the novice field hockey player the opportunity to learn the skills and tactics of field hockey. Participants will experience success and skill improvement over the course of this clinic. Players will have the opportunity to participate in various 3 v 3 and 6 v 6 games throughout the class. Bring your sneakers, a mouth guard, shin guards and your enthusiasm. We'll supply all the equipment you'll need to learn this fast-paced sport. This class is open to all ages. Anyone thinking about playing in Junior High, this is class they should play. Sticks and balls will be supplied.

DAYS: Tue-Fri, July 11-July 14, 2006

TIME: 9:00-11:30 AM

LOCATION: Elm Street

FEE: \$75

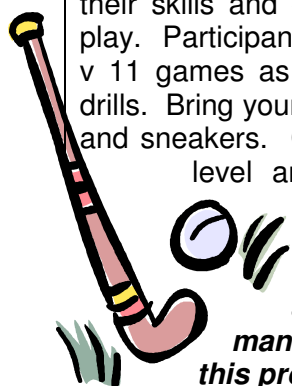
INSTRUCTOR: Laura Sikalis

MIN/MAX STUDENTS: Min. 20

**MOUTHGARDS AND SHINGARDS
ARE REQUIRED FOR ALL FIELD
HOCKEY CLINICS.**

Y O U T H P R O G R A M S

SUMMER CLINIC FIELD HOCKEY II



This four-day clinic will allow the intermediate and advanced field hockey player to improve their skills and get in some pre-season game play. Participants will compete in 6 v 6 and 11 v 11 games as well as passing and shooting drills. Bring your own mouth guard, shin guards and sneakers. Get ready to improve your skill level and prepare for the upcoming field hockey season. This class is only open to participants entering grade 7 and up. **Goggles are also mandatory for participation in this program.**

DAYS: Tuesday-Friday, July 18-21, 2006

TIME: 9:00-11:30 AM

LOCATION: Leary Field

FEE: \$75

INSTRUCTOR: Laura Sikalis

MIN/MAX STUDENTS: Min. 20

PICK-UP SUMMER FIELD HOCKEY 4-DAY SESSION

This four-day clinic is designed for those who "just want to play". The focus of this class is to allow participants an opportunity to play the game of field hockey in preparation for their upcoming season. Participants must be entering grade 8 through 11 only and have previous playing experience. **Goggles are also mandatory for participation in this program.**

DAYS: Tue-Fri, Aug. 8-Aug. 11, 2006

TIME: 9:00-11:00 AM

LOCATION: Leary Field

FEE: \$40

INSTRUCTOR: Laura Sikalis

MIN/MAX STUDENTS: Min. 20

PEPSI MAJOR LEAGUE PITCH, HIT & RUN COMPETITION*



Acton Recreation and the Acton-Boxborough Youth Baseball Program have teamed up to bring you the Pepsi Pitch, Hit & run local competition.

Come be a participant in the exciting Pepsi Major League Baseball Pitch, Hit & Run competition. This national skills program provides boys and girls, ages 7-14, the opportunity to showcase their pitching, hitting & running abilities. All participants must fill out a registration/waiver form on-site and also must pre-register with the spring/summer registration form. A valid birth certificate must be shown on day of competition for age verification. Participants may only participate in one local competition; winners from this competition will go on to compete in the Sectional Level in late May. Participants will be divided into four age's groups: 7-9, 9-10, 11-12 and 13-14, with boys and girls competing together (age is determined as of July 17, 2005). So come on out and show off your skills during this fun competition.

SIGNUP DEADLINE: April 15, 2006

Please fill out Spring/Summer 2006 Registration form.

DAY: Sunday, April 30, 2006

TIME: 9:00 A.M. – 1:00 P.M.

LOCATION: Veteran's Field

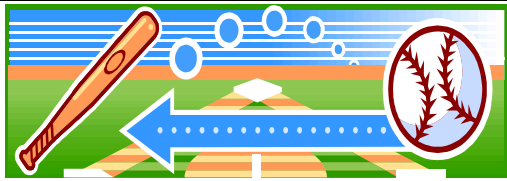
FEE: FREE

HOSTED BY: Acton Recreation Department

MIN/MAX STUDENTS: 50/200

*This event is dependent upon adequate volunteer support and adequate registration to run this event. If raining, event cancelled.

Y O U T H P R O G R A M S



COLONIAL BASEBALL CLINIC

The week-long clinic is run by Steve Donovan, Varsity Baseball Coach at Littleton High School. The clinic is open to **boys and girls ages 8-12** who are interested in improving their baseball skills and having fun. Learn the fundamentals and techniques of throwing, catching, pitching, fielding and hitting. Positioning and game play will also be covered. The instruction is individualized so that all abilities are welcome. Participants should bring their baseball glove, wear sneakers or cleats and bring a baseball bat, if desired. Also bring a bag lunch, snack with drink and cooler. The clinic will be held regardless of weather. Donovan who is the former Acton-Boxborough and Merrimack College Coach has been running the Colonial Baseball Clinics since 1984. Steve Donovan is also the Program Director at AtBats and instructor at the Indoor Baseball Facility. Each clinic is limited to 50 participants. For More Information: Call the Rec. Dept. 978-264-9608.

SESSION I

DAYS: July 3-July 7, 2006
TIME: 8:30AM-12:30PM on Tues., then 8:30AM-4PM Mon, Wed, Thu, and Fri.
LOCATION: Veteran's Field—2A/27
FEE: \$135
INSTRUCTOR: Steve Donovan
MIN/MAX STUDENTS: 30/50

SESSION II

DAYS: July 10-July 14, 2006
TIME: 8:30AM-4PM Mon-Fri.
LOCATION: Veteran's Field—2A/27
FEE: \$135
INSTRUCTOR: Steve Donovan
MIN/MAX STUDENTS: 30/50

Baseball Fundamentals Clinic, Ages 8-12

The Baseball Fundamentals Clinic is open to boys and girls who want to improve their baseball skills while having fun with some off-season training. The clinic will cover the fundamentals and techniques of throwing, catching, hitting, fielding and pitching. The instruction is individualized and all abilities are welcome. Participants should wear sneakers and bring a baseball glove. Coach Donovan will be assisted by high school baseball players, providing a student to staff ratio of 3:1. The clinic will be held at the AtBats Training Center indoor baseball and softball facility located in Boxborough. Visit www.atbats.com for directions.



Six-week 1 ½ hour sessions

DAY/DATE: Thursdays, 4:00 - 5:30pm, starting March 8, 2006

FEE: \$180.00

MIN/MAX: 8-10

INSTRUCTOR: Steve Donovan

LOCATION: AtBats Training Center, 233 Summer Road, Boxboro, MA, 978-266-1766

★ STAR SOFTBALL CAMP ★

In their 24th year and longest running sports camp in the region, Star Softball Camp is offering a ½ day program for girls ages 8-15. It is designed to give girls a chance to develop and improve their softball skills. The first half of each session will stress all the individual skills of the game: infield play, outfield play, pitching, catching, base running and batting. The other half of the session will be spent on game situations and playing games. Coach Skip McCarthy has been a phys-ed teacher and softball coach for more than 25 years. Other staff members are local high school and junior high school softball coaches. Scholarships are available.

7:1 camper to staff ratio www.starcamps.com

SESSION I: July 10-14 from 9-11:45 AM

SESSION II: July 31-August 4 from 9-11:45 AM

FEE: \$200.00 per session

CONTACT: Bob Starensier, Director, 978-266-1114

LOCATION: Concord-Carlisle High School softball facilities, 500 Walden Street, Concord



ADULT PROGRAMS

ACTON ADULT SOFTBALL LEAGUE



The Acton Adult Softball League will kick off its 7th season in the spring of 2006. The league offers participation for both men and women, ages 21 and above (no exceptions). Team records and standings will be kept throughout the season but the league is considered "recreational" – mostly social yet semi-competitive.

The upcoming season will be comprised of 14-16 teams, based on available field space. Each team must be coed and have at least three female members on the field each inning. Team size will be determined by captains. As with prior seasons, returning teams will have a deadline to re-register after which waitlisted teams and individuals will be accepted as space permits, on a first-come, first served basis. Registration forms, enrollment instructions, fees, season schedule, and important league information is available at www.ActonASL.com. Registration forms are also available at the Recreation Department, Town Hall.

SCRAPBOOK BORDERMANIA FOR ADULTS



This class is aimed at teaching new, simple methods to enhance your keepsake photo albums. Each participant will complete a variety of borders, journaling, boxes, and titles designed to be used on your own album pages to celebrate all events throughout the year. All materials included in price.

SESSION 1– Tuesday, March 21, 2006

TIME: 7-9 PM

SESSION 2– Tuesday, April 18, 2006

TIME: 7-9 PM

LOCATION: 1 Prescott Road, Acton

FEE: \$30

INSTRUCTOR: Susan Kelly

MIN/MAX STUDENTS: 4/10

CREATE A KEEPSAKE GRADUATION ALBUM MOTHER'S GIFT TO GRADUATE



What better way to show your graduating loved ones how treasured they are by presenting them with a gift album of their life from birth to graduation that they will treasure forever. Each participant will receive a 7x7 photo safe album plus materials and instruction to enhance all 24 pages. Please bring 24 photos to class.

DATE: Tuesday, May 2, 2006

TIME: 7:00 p.m. - 11:00 p.m.

LOCATION: 1 Prescott Road, Acton

FEE: \$55

INSTRUCTOR: Susan Kelly

MIN/MAX STUDENTS: 4/10

DID YOU KNOW?

The fees you pay for the classes offered by the Acton Recreation Department go directly back into running programs, offering special events, sponsoring concerts and keeping up the maintenance on recreation facilities around town. Your fee goes directly back to the program that you support.

~ THANK YOU ~

A D U L T P R O G R A M S



INTRODUCTION TO TAI CHI QUGONG (CHI KUNG) FOR ADULTS

What is Tai Chi? Tai Chi is a traditional Chinese Martial Arts focusing on the circulation of chi or "life energy" found within and around all living things. Sometimes called "moving meditation", millions of men and women all over the world practice it daily as a gentle, stress reducing exercise. At its deepest level, Tai Chi can also become an extremely powerful and effective system of self-defense, characterized by a relaxed flow of internal energy and power as opposed to sheer muscular strength and speed.

Benefits of Tai Chi include: Reduced stress. Increased flexibility, increased energy and vitality. Improvement in general health. **Feel great.**

Morning Session

DAY/DATES: Wednesdays, March 8-April 12, 2006

TIME: 9:00-9:45 AM

LOCATION: Chinese Martial Arts, 240 Arlington Street, W. Acton

FEE: \$85/6 weeks

INSTRUCTOR: Narcyz Latecki

Minimum 4; Maximum 10

Morning Session

DAY/DATES: Wednesdays, May 3-June 7, 2006

TIME: 9:00-9:45 AM

LOCATION: Chinese Martial Arts, 240 Arlington Street, W. Acton

FEE: \$85/6 weeks

INSTRUCTOR: Narcyz Latecki

Minimum 4; Maximum 10

Evening Session

DAY/DATES: Wednesdays, March 8-April 12, 2006

TIME: 8:00-8:45 PM

LOCATION: Chinese Martial Arts, 240 Arlington Street, W. Acton

FEE: \$85/6 weeks

INSTRUCTOR: Narcyz Latecki

Minimum 4; Maximum 10

Evening Session

DAY/DATES: Wednesdays, May 3-June 7, 2006

TIME: 8:00-8:45 PM

LOCATION: Chinese Martial Arts, 240 Arlington Street, W. Acton

FEE: \$85/6 weeks

INSTRUCTOR: Narcyz Latecki

Minimum 4; Maximum 10

KUNG FU for ADULTS:

Chinese Kung Fu training gives an individual an excellent method of exercise, a personal arts form, a competitive sport, and a basis for self-defense and sparring. This class emphasizes combination of traditional training with modern methods, builds your strength, endurance, flexibility, self-defense. CMA compiled program includes: Traditional Northern Kung Fu styles (Baji, Pigua, Fanzhi, Chuoqiao); Solo and matching barehanded forms; Over 18 classical Chinese weapons; Qinna (joint locks & control), Shuaijiao (Chinese wrestling); Hard Qigong and Sparring.

DAY/DATES: Mondays, May 1-June 12, 2006 (no class May 29)

TIME: 7:00-8:00 p.m.

LOCATION: Chinese Martial Arts, 240 Arlington Street, W. Acton

FEE: \$85/6 weeks

INSTRUCTOR: Narcyz Latecki

Min 4; Max 10



Physical activity can help to:

- Control weight
- Control high blood pressure.
- Reduce risk for type 2 diabetes, heart attack, and colon cancer.
- Reduce symptoms of depression and anxiety.
- Reduce arthritis pain and disability.
- Prevent osteoporosis and falls.

A D U L T P R O G R A M S

TriYoga®

Margaret Stockley, TriYoga® Teacher



Discover the TriYoga® difference.

The TriYoga® Flows method allows you to systematically progress to a greater state of fitness, health, and relaxation in a safe and therapeutic way. It combines flowing and sustained postures in union with breathing and meditation techniques.

With an emphasis on correct alignment, you enhance your level of flexibility, strength, and energy while deepening your self-awareness. This provides you with vital skills to help you experience full relaxation within the class and transfer this knowledge to everyday situations.

Each class is customized to meet the needs of students and no prior experience of yoga is required. Please wear comfortable clothing. Mats and props are provided, although you are welcome to bring your own mat. Classes are held at Balanced Yoga Studio.

Margaret has practiced meditation for 21 years and yoga for over 8 years. In addition, she writes for yoga and spirituality magazines and specializes in a balanced approach to yoga and life.

8-week course begins: March 1, 2006

Classes are limited to a maximum of 10 students per class.

Session 1: Wednesday: 7:00-8:30 p.m.

Session 2: Thursday: 9:30-11 a.m.

Session 3: Thursday: 7:00-8:30 p.m.

LOCATION: BALANCED YOGA STUDIO, 214 Hill Road, Boxborough, 978-266-9855

FEE: \$100 per 8-week course

INSTRUCTOR: Margaret Stockley TriYoga® Teacher, yoga@margaretstockley.com

MIN/MAX STUDENTS: Max 9 students per class

FREE THE HIPS SADHANA WORKSHOP



This unique three-hour workshop focuses on creating greater health and vitality in the hips, legs, feet, and toes. Combining the seven main posture groups with breathing techniques and deep meditation, your body is revitalized through a harmonious series of TriYoga® Flows that deepen your knowledge of yoga and strengthen your own physical and mental abilities.

The flow of yogāsana, prāṇāyāma, and mudrā cleanses, maintains, and transforms the practitioner.

As the river flows into the ocean, we flow in and from the source.

Please wear comfortable clothing. Mats and props are provided, although you are welcome to bring your own mat.

Margaret has practiced meditation for 21 years and yoga for over 8 years. In addition, she writes for yoga and spirituality magazines and specializes in a balanced approach to yoga and life.

DAYS: Saturday March 18, 2006

TIME: 10 a.m. - 1 p.m.

LOCATION: BALANCED YOGA STUDIO, 214 Hill Road, Boxborough, 978-266-9855

FEE: \$40

INSTRUCTOR: Margaret Stockley, TriYoga® Teacher, yoga@margaretstockley.com

MIN/MAX STUDENTS: Max 10 students per class



A D U L T P R O G R A M S

FREE THE SPINE SADHANA WORKSHOP



This unique three-hour workshop focuses on creating greater health and vitality in the spine, pelvic region, and heart center. It uses specific techniques to improve flexibility while releasing chronic tension in your neck, shoulders, and spine. You will explore asanas that support the muscles of the back, learn how to improve your posture, and carry over the lessons learned into everyday activities.

Combining the seven main posture groups with breathing techniques and deep meditation, your body is revitalized through a harmonious series of TriYoga® Flows that deepen your knowledge of yoga and strengthen your own physical and mental abilities.

The flow of yogāsana, prāṇāyāma, and mudrā cleanses, maintains, and transforms the practitioner.

As the river flows into the ocean, we flow in and from the source.

Please wear comfortable clothing. Mats and props are provided, although you are welcome to bring your own mat. Classes are held at Balanced Yoga Studio.

Margaret has practiced meditation for 21 years and yoga for over 8 years. In addition, she writes for yoga and spirituality magazines and specializes in a balanced approach to yoga and life.

DAYS: Saturday April 29, 2006

TIME: 10 am - 1 pm

LOCATION: BALANCED YOGA STUDIO, 214 Hill Road, Boxborough, 978-266-9855

FEE: \$40

INSTRUCTOR: Margaret Stockley TriYoga® Teacher, yoga@margaretstockley.com

MIN/MAX STUDENTS: Max 10 students per class

TRAILS: A Fun Place to Be Active

Although regular physical exercise offers many benefits, people who are seeking ways to become more active often overlook the opportunities that trails offer. Trails can be found everywhere, from national and state parks to urban areas. They provide a wide variety of ways to be physically active and have fun:

- Walking, jogging, running, and hiking
- Rollerblading/in-line skating
- Bicycling
- Cross-country skiing and snowshoeing
- Fishing, hunting.
- Horseback riding
- Canoeing or kayaking on water trails

Acton Conservation Guides can be purchased through the Conservation Department located at the Town Hall for \$10.



A D U L T P R O G R A M S

NEW! Recreational Running

Ken Silva, Instructor

Running is a great fat-burner and swim suit weather is on the horizon! Ken Silva, a nationally certified personal trainer, will help you develop safe and effective running habits. Ken has developed fitness and nutrition programs for people, has rehabilitated competitive and recreational runners from chronic injury, and has worked with athletes to increase their running speed. The course is designed for new runners, casual runners and runners who want to learn better technique. Now is the time to develop a healthy habit, lose weight, meet other runners, and have fun! Class will meet rain or shine. Please bring proper running attire and sneakers.

Session 1: 5 sessions

DAY/DATES: Wednesdays, April 12-May 10, 2006

TIME: 9:30 a.m. -11 a.m.

FEE: \$60.00

LOCATION: NARA Park Bathhouse

Session 2: 5 sessions

DAY/DATES: Monday/Thursdays, April 24-May 8, 2006

TIME: 11:30 a.m.-1:00 p.m.

FEE: \$60.00

LOCATION: NARA Park Bathhouse



ACTON AREA WALKERS

This club is for anyone who loves to walk with others, from casual walkers to those who want to compete. We meet on Saturday mornings at various locations in Acton and the surrounding towns. Walkers usually have a choice of two distances from 4 to 8 miles in length. Many members also get together informally during the week to walk.

DAYS: Saturdays, Apr. 1- Sept. 2, 2006

TIME: 8:00 a.m. until the hottest months of summer when we will meet at 7:30 a.m. to beat the heat.

LOCATION: Acton Memorial Library parking lot for 1st mtg. TBD thereafter.

FEE: \$35

INSTRUCTOR: Carol Brown



SENIOR NATURE WALK

Explore Acton's Conservation Areas with our own renowned Conservation Director, Tom Tidman. Each class will be held at a different conservation area in town. Learn about the native plants and wildlife habitats that make Acton such a unique place to live.

DAY: Friday's, April 14 – May 19, 2006

TIME: 10:00 – 11:30 a.m.

LOCATION: First class meets at the Acton Arboretum

FEE: \$15

INSTRUCTOR: Tom Tidman

MAX STUDENTS: 15

*This class is designed for senior citizens, but all are welcome to attend.

BIRDING IN ACTON



Join well known local birder Andy Magee as he leads a series of four weekly birding walks through different environments in Acton. Walks will begin on Thursday, May 11th at 7:30AM and will last approximately an hour and a half. Meet at the Acton Town Hall (locations for subsequent walks will be discussed each week). Bring your binoculars and get ready to be surprised by the number and diversity of bird species you're sure to see while hiking Acton's rich and varied conservation lands.

DAYS: Thursdays, May 11-June 1, 2006

TIME: 7:30-9:00 a.m.

LOCATION: Acton Town Hall (1st Week-remaining class locations TBD)

FEE: \$30

INSTRUCTOR: Andy Magee

MAX STUDENTS: limited to 10 participants

A D U L T P R O G R A M S

Wetlands, Wildflowers, and What-cha-ma-call-it's

A nature walk in Will's Hole Bog, Acton Town Forest, and NARA Park provides many opportunities to compare diverse habitats and study a wide range of native plants. We begin in the conservation land, which includes a quaking bog, glacial esker, and lovely wetlands. We'll talk about natural history, plant adaptation strategies in challenging environments, and plant identification of the most common trees, shrubs, and spring wildflowers. Then we'll take a short tour of the natural buffer and landscaped plantings in the adjacent NARA Park, where native shrubs and wildflowers have been used to stabilize steep slopes and pond edges, screen the performance amphitheatre from walking trails, and create replacement wetlands for habitat enhancement and to filter run-off. Hand-outs included.



Cheryl Lowe is co-author of the newly revised *Peterson's Field Guide to Ferns and Their Related Families*, and was the Horticulture Director for the New England Wild Flower Society for 14 years. She currently serves on the Acton Conservation Commission.

DAY: Sat. May 20, 2006

TIME: 9:30-12:30 noon

LOCATION: Meet at upper NARA Park parking lot

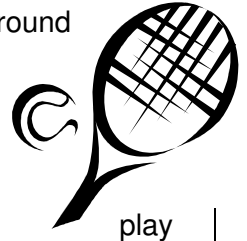
FEE: \$26

INSTRUCTOR: Cheryl Lowe

MIN/MAX STUDENTS: 6/14

MEN & WOMEN'S TENNIS

The beginner class will focus on the fundamentals of the game such as how to keep score; techniques in hitting ground strokes, serves, and volleys; and elementary strategy in both singles and doubles. The intermediate class will focus on shot techniques drills; singles and doubles strategy; and some match analysis.



play

Limit 8 students per class.

Session 1-Beginner Tuesday Nights

Date: May 23 – July 11, 2006

Time: 6-7 PM

Session 1-Intermediate: Wednesday Nights

Date: May 24 – July 12, 2006

Time: 6-7 PM

Session 2-Beginner Tuesday Nights

Date: July 18-Sept. 5, 2006

Time: 6-7 PM

Session 2-Intermediate: Wednesday Nights

Date: July 19-Sept. 6, 2006

Time: 6-7 PM

LOCATION: Elm Street Tennis Courts

FEE PER SESSION: \$105 per student

INSTRUCTOR: John Pallozzi

Maximum 8 students per class

RECREATION:

Pronunciation: "re-krE-'A-sh&n

Function: *noun*

Etymology: Middle English *recreation*, from Middle French *recreation*, from Latin *recreation*-, *recreatio* **restoration to health**, from *recreare* **to create anew, restore, refresh**, from *re-* + *creare* to create: **refreshment of strength and spirits after work**; *also* : a means of refreshment or diversion

WHAT IS THE DEFINITION OF LEISURE?

Freedom of choice - intrinsic satisfaction - positive effect

A D U L T P R O G R A M S

PROFESSIONAL RESCUER CPR

Class Description: Upon completion, candidate will receive certification through American Safety and Health Institute. This level of certification meets all requirements for lifeguards, EMTs, and healthcare workers. Topics of discussion include strokes, heart attacks, assessment, rescue breathing, CPR for adults, infants, and children, two rescuer CPR, the use of a bag valve mask, choking, emergency oxygen, and an introduction to the Automatic External Defibrillator (AED). A skills examination will be given at the end of the course. This course will be taught using the newly released CPR guidelines.

DAYS/DATE:

- 1) Tuesday June 6th, 6 PM - 10 PM
- 2) Saturday June 10th, 9 AM - 12 PM

LOCATION: Acton Boxboro Regional HS

FEE: \$60

INSTRUCTOR: Jason Malinowski

PROFESSIONAL RESCUER CPR REVIEW

Class Description: This class is intended for candidates with previous certification in professional rescuer CPR. Topics of review include strokes, heart attacks, assessment, rescue breathing, CPR for adults, infants, and children, two rescuer CPR, the use of a bag valve mask, choking, emergency oxygen, and an introduction to the Automatic External Defibrillator (AED). Candidates must have been previously certified through the American Red Cross, American Heart Association, or National Safety Council. Candidates must present proof of completion on first day of class. This course meets all guidelines for lifeguards, EMTs, and healthcare providers.

DAYS/TIME:

- 1) Tuesday June 6th, 6 PM - 10 PM
- 2) Saturday June 10th, 9 AM - 12 PM

LOCATION: Acton Boxboro Regional HS

FEE: \$40

INSTRUCTOR: Jason Malinowski

COMMUNITY CPR/FIRST AID



Class Description: This class certifies candidates in CPR for adult, children, and infants, as well as provides certification in first aid. Candidates can choose whether they want to take both sections or choose to take just one. The CPR section will include the topics of strokes, heart disease, rescue breathing, choking, CPR for adults, children, and infants, as well as a brief introduction to the automatic external defibrillator. The first aid section includes the topics of Assessment, bleeding, shock, burns, musculoskeletal injuries, medical emergencies, poisoning, insect bites, and environmental emergencies. Successful candidates will receive completion cards through the American Health and Safety Institute. It is strongly recommended that students have prior knowledge of CPR and First Aid as this is a fast paced course.

DATES/TIME: CPR/First Aid

- 1) Saturday March 25th 9 AM - 12 PM CPR Portion

Sunday March 26th 9 AM - 11 AM First Aid Portion

- 2) Saturday April 22nd, 9 AM - 12 PM CPR Portion

Sunday April 23rd, 9 AM - 11 AM, First Aid Portion

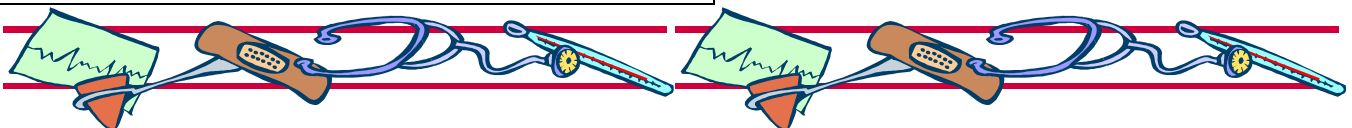
- 3) Saturday June 10th, 9 AM - 12 PM, CPR Portion

- 4) Sunday June 11th, 9 AM - 11 AM, First Aid Portion

FEE: \$35

LOCATION: Acton Boxboro Regional HS

INSTRUCTOR: Jason Malinowski



FAMILY PROGRAMS, TRIPS AND SPECIAL EVENTS

LOCK MONSTER



FAMILY NIGHT
FRIDAY, MARCH 24, 2006
GAME TIME: 7:35 P.M.
AT THE LOWELL TSONGAS
CENTER



- All seats are only \$11! A special discounted rate only available through the Acton Recreation Department!
- Come see the future NHL stars of the Colorado Avalanche and Carolina Hurricanes take on the future Bruins!
- Note: Transportation is not provided.

*The Lock Monsters take on the
Providence Bruins in an
Eastern Conference Battle!*



SIX FLAGS NEW ENGLAND DISCOUNTED TICKETS



Purchase your Good Any Day discounted tickets at the Recreation Department during normal business hours or fill out and send in the special event ticket order form located in this booklet.

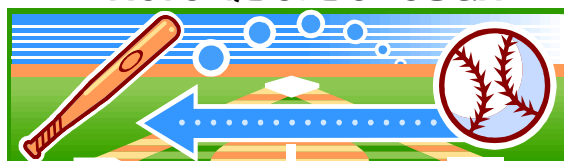
Single Day Pass: \$32 Valid April- Oct. 2006
Save \$17.99 per ticket! Sold Through 9/8

Season Pass: \$66.99 Valid April-Oct. 2006
Save \$8 per ticket! Sold Through 6/9

Midway Meal Deal Special Rate: \$11.00 Valid April -Oct. 2006 Sold Through 9/8

New in 2006—2 new rides, more information arriving soon... other attractions include Hurricane Harbor, Superman Ride of Steel, Batman Thrill Spectacular, Big fun for the little ones, Typhoon Water Coaster, Mr. Six's Pandemonium, plus all your favorites!

IN THE BATTER'S BOX **OPEN HOUSE** **ACTON/BOXBOROUGH**



DATE: Saturday, April 1, 2006

TIME: 12:00 p.m. -5:00 p.m.

LOCATION: 410 Great Road (Rt. 119) Littleton, MA at the Old Conant Mill, (978) 486-8101

FEE: FREE to Acton/Boxborough residents. ID is required for admission.

FAMILY PROGRAMS, TRIPS AND SPECIAL EVENTS

KIMBALL'S FARM SPECIAL



Take advantage of this special rate per person for a couple of hours, or all day long (10 a.m. – 5:00 p.m.) offered through the Acton Recreation Department. Unlimited bumper boats, mini-golf, and for the over-12 crowd, use of the driving range and Pitch and Putt area too. To top it off, this special day at Kimball's Farm in Westford will also include a small ice cream cone! All this for just one price! Spend a couple of hours or all day having fun with your family or friends. Tickets are purchased through the Acton Recreation Department and are redeemed for a wrist band at Kimball's on the day of event. www.kimballfarm.com

DATES AVAILABLE (Choose ticket date):

- Sat. June 17, 2006
- Sun. June 18, 2006
- Sat. Aug. 5, 2006
- Sun. Aug. 6, 2006

TIME: 10 a.m. – 5 p.m.

FEE: \$18 per person-per date

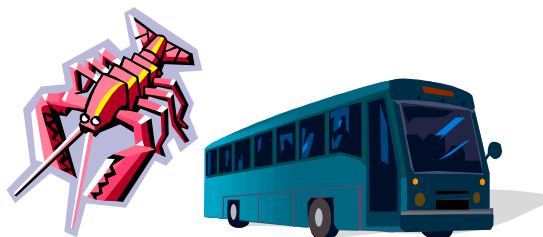
LOCATION: 400 Littleton Road, Westford;

Directions: From the intersection of Route 110 in Littleton Center coming from Acton, take a right onto Route 110.

Kimball Farm is less than a mile on your right.

Maximum tickets sold per date: 100

LOBSTERBAKE KENNEBUNKPORT CITY TOUR



DATE: Wednesday, July 26, 2006

TIME: 7:30 a.m. – 6:00 p.m.

PICKUP LOCATION: Acton Town Hall

FEE: \$76 per person. Includes lunch, bus tour and driver gratuity.

Meal includes: whole boiled lobster and clams or baked stuffed chicken with clam chowder plus Caesar salad, baked potato, rolls, beverage and dessert.

MINIMUM: 10 persons

SIGNUP: With the Acton Recreation Department, space is limited! Use special ticket form.

STONYFIELD FARM & ANHEUSER-BUSH TOUR



DATE: Friday, April 21, 2006

TIME: 8:00 a.m. – 5:00 p.m.

PICKUP LOCATION: Acton Town Hall

FEE: \$58 per person. Includes two tours, lunch at the Common Man, bus and driver gratuity. Meal includes: Chicken Kiev or baked scrod, house salad, homemade breads, mashed potato, vegetable, the Common Man's signature White Chocolate Sundae, coffee/tea

MINIMUM: 10 persons

SIGNUP: With the Acton Recreation Department, space is limited! Use special ticket form.

Welcome Coffee



Acton Recreation will be hosting a welcome coffee for any new or not-so new community members who would like to meet new people, make new friends and find out more about what Acton has to offer! Dunkin' Donuts coffee and light refreshments will be served. We look forward to meeting you! Please confirm via email by Wed., May 10th if you plan to attend: recreation@acton-ma.gov ~ FREE ~

DATE: Saturday, May 13, 2006

TIME: 10:00 a.m. – 11:30 a.m.

LOCATION: NARA Park Bathhouse

FAMILY PROGRAMS, TRIPS AND SPECIAL EVENTS



The Musical

DATE: Thursday, April 27, 2006

TIME: 8:00 PM

LOCATION: Lowell Memorial Auditorium-
Must provide your own transportation.

FEE: \$45 per person ticket price
(discounted!)

The Memory lives on.....

Since CATS first opened on the West End stage in 1981, it has become one of the world's best known and best loved musicals.

NOTE: Left Stage Floor Seating!

Purchase your discounted tickets at the Recreation Department during normal business hours or fill out the special event ticket order form found in this booklet.

IN THE BATTER'S BOX FAMILY DAY



DATE: Sunday, April 30, 2006

TIME: 10 a.m. – 9 p.m.

LOCATION: 410 Great Road (Rt. 119)
Littleton, MA at the Old Conant Mill,
(978) 486-8101

FEE: \$20 family of four, \$2 each
additional family member.

Includes dippin' dots ice cream.

Tickets are sold through the Acton
Recreation Department.



RELAY FOR LIFE OF ACTON- BOXBORO

May 12th –13th

6 PM- 10 AM.

**The Leary Field Track
Acton, MA**

RELAY FOR LIFE is an overnight team event to fight cancer. The Relay raises awareness of cancer in the community and raises money to support the programs of cancer research, education, advocacy and patient services of the American Cancer Society.

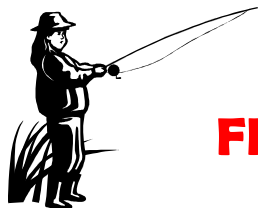
The theme of hope is ignited as cancer survivors make the first official lap of the Relay For Life at 6 pm on Friday, serving as living testimony to the fact that cancer survival rates are increasing and cancer is no longer thought of as a death sentence. During the Survivor's Lap, survivors come together, and walk, run, or wheelchair the opening lap – unified in unity and hope! Following this lap, we honor them with a reception!

At 9 pm Friday evening, there is a Luminary Ceremony. White bags with a candle are placed around the track. Behind every bag there is a story to tell. Each one is dedicated in honor of a cancer survivor or someone who has lost the fight with cancer. The candles surround the track and light the way as Relay For Life participants walk throughout the night.

Please visit the Relay for Life website for more information or visit

www.acsevents.org/relay/maacton or
contact Lauren Barrett, ACS Staff Partner,
781-314-2676,
Lauren.Barrett@cancer.org

FAMILY PROGRAMS, TRIPS AND SPECIAL EVENTS



THE ALL- AMERICAN FISHING DERBY

FOR CHILDREN UP TO AGE 14

All Pre-registrants will receive a certificate of participation. Please fill out Spring/Summer Registration form. Pre-registration is not necessary but is helpful on derby day.

Children must have their own fishing rod and reel. We will have bait available. All participants will receive a goody bag.

This is a catch and release derby. Prizes will be awarded for the largest fish in each age group for both boys and girls. Children under age 12 must not be left unattended.

DATE: May 13, 2006

START TIME: 7:30 a.m.

AWARD TIME: 10:00 a.m.

RAINDATE: Rain or shine (if heavy rain, will be moved to a date later in the fall).

LOCATION: NARA Park

FEE: \$1 per child

HOSTED BY: The Acton Recreation Department
Volunteers will be needed to help with this event.
978-264-9608 ext. 0



KIDS MINI NARA RUN

For Boys and Girls 4 -14

DATE: Saturday, August 26, 2006

TIME: 10:00 AM

RAINDATE: Rain or shine!

LOCATION: NARA Park.

SPECIAL NOTE: Parents may not leave children unattended.

BACKGROUND: This race is the first run by the Acton Recreation Department. The proceeds will help support the free events at NARA Park to benefit the community.

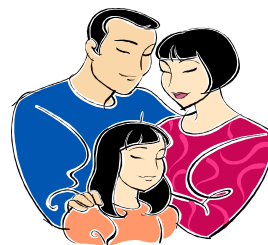
ENTRY FEE: All participants will receive a participant medal. No Refunds for entry fees.

August 10: \$10 Race Day: \$15

Please fill out Spring/Summer Registration form to enter.

CREATE A KEEPSAKE GIFT ALBUM

FOR DAD-
MOTHER & DAUGHTER CLASS!



What better way to spend time with Mom... and show Dad how much you love him than to make a special "Daddy & Me" album for Father's Day that he will treasure forever! Each mother/daughter team will receive a 7x7 photo safe album plus materials and instruction to enhance all 24 pages. Please bring 24 photos to class.

DATE: Sunday, May 21, 2006

TIME: 12-4:00 PM

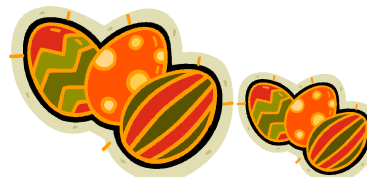
LOCATION: 1 Prescott Road, Acton

FEE: \$55

INSTRUCTOR: Susan Kelly

MIN/MAX STUDENTS: 4/10

EASTER EGG HUNT FOR CHILDREN AGES 8 AND UNDER



DATE: Wednesday, April 19, 2006

TIME: 10:00 – 11:00 a.m.

RAINDATE: Thursday, April 20, 2006

PICKUP LOCATION: NARA Park

FEE: FREE

Please arrive by 9:30 a.m. for the egg hunt which will begin promptly at 10:00 a.m.

AGES: For children 8 and under

LOCATION: NARA Park Upper and lower fields.

No pre-registration is required for this event.

Great fun and entertainment!

FAMILY, TRIPS AND SPECIAL EVENTS

ADULT 5K RUN FOR THE BEACH



DATE: Saturday, August 26, 2006

TIME: 8:00 AM

RAINDATE: Rain or shine!

LOCATION: Course will end at NARA Park and will be on the roadways leading into NARA Park. More information will be available on the course on line at www.acton-ma.gov (Recreation Dept).

COURSE: 3.1 miles of wheel-measured rolling terrain; with splits and water.

All entrants will receive a free tee shirt. This race will be a certified run. Refreshments/awards given after race ends. Merchandise prizes to be presented to top three overall finishers and in each category.

BACKGROUND: The race is a second 5K run by the Town of Acton. The Recreation Commission is overseeing this year's race where the proceeds will help in supporting the Park and free events at NARA Park which benefit the community.

ENTRY FEE: Pre-entrants receive T-shirts. Deadline for T-shirts Wednesday May 12. Make checks payable to Town of Acton. No Refunds for entry fees.

Received by Aug. 10: \$20

Race Day: \$25

AGE: 15 YEARS AND OLDER

MAXIMUM PARTICIPANTS: 200

Please print all information:

NAME: _____ AGE ON RACE DATE _____ BIRTHDATE: ____/____/____

Circle: male female

ADDRESS: _____ CITY: _____ ST _____ ZIP _____

USATF # _____ (if you have one) Tee Shirt Size: (adult) S M L XL

Waiver: I agree to hold harmless the Town of Acton and/or its employees from claims or liability related to any accident or injury that may occur. I give permission for medical treatment to be given if the need arises.

Participants Signature: _____

(If under 18 must be signed by parent or legal guardian).

All The World's A Stage - Concerts & Movie Nights

LIVINGSTON TAYLOR Live in Concert



**Liv and Carly Simon
during recording of "Best of
Friends"
for the new CD**

Livingston's new CD "There You Are Again" was officially released on January 24th on the Coconut Bay label



Visit: www.livtaylor.com

Hot food will be available to purchase at concert.

DATE: Saturday, June 24

TIME: 7-9:00 PM

RAINDATE: Sunday, June 25

RAINDATE TIME: 6-8:00 PM

LOCATION: NARA Park Amphitheatre, Rt. 27, No. Acton

FEE: TBA

More info on Livingston Taylor:
www.livtaylor.com

Members of *Vento Chiaro* Woodwind Quintet



Very well received at the first Selectmen's Concert, Vento Chiaro is returning to present a family concert featuring summer music of Mendelssohn, Bernstein, and other composers. Children can view instruments and talk with performers.

Vento Chiaro, on the faculty at Boston University's Tanglewood Institute, is in its fifth year in residency at Tanglewood and at Longy School of Music.

This is **free** concert open to the public which has been graciously donated by a private citizen of Acton.

Visit <http://www.ventochiaro.org> for more information on Vento Chiaro.

WHEN: Thursday, June 29, 2006

TIME: 7:00-8:30 p.m.

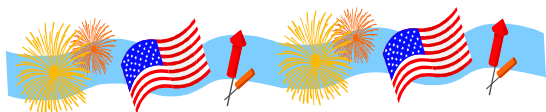
WHERE: NARA Park Amphitheatre

FEE: Free concert



**DOMINO'S PIZZA
HELPING SUPPORT
NARA'S 2006
CONCERT SERIES**

JULY 4TH FIREWORKS



& FREE CONCERT AT NARA PARK



Featuring THE LOIS GRECO BAND

DATE: Tuesday, July 4, 2006

RAINDATE: Saturday, July 8, 2006

CONCERT TIME: 6:00-9:20 p.m. The Lois Greco Band will be performing top 40 and popular favorites. Lois Greco starred on Broadway in "Grease" and many television shows including General Hospital and Showtime. Concert produced by Pyramid Productions.

Fireworks at dusk.

LOCATION: NARA Park, Rt. 27, No. Acton

FEE: *This is a free event, open to the public. Your donations are greatly appreciated!*

Shuttle buses will be available.

Fireworks generously donated by:



SECOND STORY BAND

FREE CONCERT! BACK BY POPULAR DEMAND! Everyone is welcome to join in and get ready to dance when The Second Story Band plays Friday night, July 14th! This Acton-based band mixes taut horn-drenched soul and old-school R&B with classic blues. True to their roots, honoring the music, the band blasts the best of Van Morrison, the Temptations, Sam & Dave, Wilson Pickett and more with a sound that's hard-driving, energetic and tight.



The band includes several Acton residents and ABRHS teachers. It's a nine-piece band, including a three-piece horn section that makes for some really exciting renditions of the soul and rock favorites they play.

Hot food will be available for purchase at concert.

DATE: Friday, July 14

TIME: 7-9 PM

LOCATION: NARA Park Amphitheatre

FEE: **FREE** concert open to the public



PREMIER SPONSOR ACTON DAY 05

WWW.CAMBRIDGESAVINGSBANK.COM



All The World's A Stage - Concerts & Movie Nights

PINK VOYD A THEATRICAL PINK FLOYD TRIBUTE SHOW & GUEST BAND



DATE: Saturday, July 29
TIME: 8-11 PM
RAINDATE: Sunday, July 23
LOCATION: NARA Park Amphitheatre, Rt. 27, No. Acton
FEE: TBA
Tickets sales will be limited to 3,000!

Produced by Pyramid Productions



New England's ultimate live Pink Floyd Trip, bringing the sights & sounds of Pink Floyd to NARA Park. Hear the best of Floyd, from record-perfect copies of your favorite songs to their psychedelic space jams.

A true 4-person lineup recreates these timeless classics without sequences or backing tracks. Impressive computer controlled lasers, video projection, and robotic lighting provide a multimedia spectacle for which Pink Floyd is so well known. Audiences are mesmerized by this unforgettable production.

It's like you're center stage at a real PINK FLOYD show!

DISNEY MOVIE NIGHT



DATE: Saturday, July 29, 2006
TIME: 6:00-movie end.
RAINDATE: Sunday, July 30, 2006
LOCATION: NARA Park Amphitheatre, Rt. 27, No. Acton
ADMISSION FEE: TBA
Join the fun for the many surprises we have in store! Please check back with us for movie selection.

HELP WANTED BAND



Back by popular demand, Help Wanted, a well-established band consisting of five talented and trained musicians with backgrounds in both current and traditional styles of music. They represent top notch professionalism and musicianship. Their ability to pack dance floors is a natural result of solid dance grooves, tight vocal harmonies and a close personal bond with the audience. Susan Jayne is a Nashville recording artist and her 2nd CD "Bright Side of the Morning" produced two number one hits on the Independent Music Charts! "One Mississippi" and "I'm Gonna Miss that Man" were recorded in Nashville and are Help Wanted signature pieces. A dance floor will be set up to kick up your heels and have some fun! **DANCE FLOOR OPEN!**

DATE: Friday, August 4

TIME: 7-9 PM

LOCATION: NARA Park Amphitheatre

FEE: Free concert, open to the public, hot food available for purchase.

All The World's A Stage - Concerts & Movie Nights

THE DRIFTER'S & A SPECIAL SURPRISE GUEST BAND



Hot food will be available to purchase at concert.

DATE: Saturday, August 12

TIME: 8-10 PM

RAINDATE: Sunday, August 13

LOCATION: NARA Park Amphitheatre, Rt. 27, No. Acton

FEE: TBA

"The Drifters were the all time greatest Atlantic recording group" said Ahmet Ertegun, founder of the Atlantic Recording Company and the Rock and Roll Hall of Fame.

#1 CHART TOPPING HITS!!!!

Under the Boardwalk, Up on the Roof, This Magic Moment, There Goes My Baby, Save the Last Dance for Me, White Christmas, and more!

Produced by Pyramid Productions

KISS 108 CONCERT FAMILY FEST DAY!



The Town of Acton and the Recreation Department are gearing up for Family Fest Day 2006! ARE YOU READY? The afternoon kicks off at 3PM with fun activities for the whole family and culminates with a KISS108 concert in the early evening! See you there!!!

DATE: Saturday, August 26, 2006

Rain date: Sunday, August 27, 2006

TIME: 3-5 for booths, open fun activities

KISS CONCERT TIME: 5-7 PM

LOCATION: NARA Park Amphitheater, Rt. 27, No. Acton

FEE: TBA

Featuring KISS108 guest bands and a National Band TBA! Updated information will be posted in the Acton Beacon and also our website at www.acton-ma.gov (Recreation Department page).

THE ACTON RECREATION DEPT. WILL BE SENDING OUT AN INFORMATIONAL POST CARD TO ALL ACTON AND BOXBOROUGH HOMES WITH CONCERT AND MOVIE NIGHT FEES IN MID MARCH.

CONCERT TICKETS GO ON-SALE
APRIL 1, 2006 AT THE RECREATION
DEPARTMENT.

DOUBLE HEADER MOVIE NIGHT



DATE: Saturday, Aug. 19, 2006

TIME: 7:30-11:30 p.m.

LOCATION: NARA Park Amphitheatre, Rt. 27, No. Acton

ADMISSION FEE: TBA

Selections will be rated PG-13. Please check back with us for more information on the movies that will be shown for this evening.

Please consider making a tax-deductible contribution to assist with community events at NARA Park! Both business and personal donations are greatly appreciated. Many thanks to those who already shown support to this years 2006 events: Donelan's Supermarket, Dominos Pizza, Workers Credit Union, and Community Phone Book.

T i c k e t F o r m

Tickets to be mailed to:

Please print:

NAME: _____

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ HOME PHONE: (____) _____

Event	Ticket for:	Quantity Requested	Ticket Price -per person	Total
Six Flags	Single Day Pass		\$32.00	
Six Flags	Season Pass		\$66.99	
Six Flags	Meal Pass		\$11.00	
Kimball's Farm	June 17		\$18.00	
Kimball's Farm	June 18		\$18.00	
Kimball's Farm	Aug. 5		\$18.00	
Kimball's Farm	Aug. 6		\$18.00	
Lock Monster Game	Game March 24		\$11.00	
In the Batter's Box: Family Day	April 20, 2006		\$20 family of four/\$2 each additional member	
CAT's the Musical	April 27, 2006		\$45.00	
Stonyfield Farm & Anheuser-Bush Tour (includes lunch)	April 21, 2006		\$58.00	
Lobsterbake Kennebunkport City Tour	July 26, 2006		\$76.00	
Livingston Taylor	June 24, 2006		\$TBA April 1—please call 978-264-9608.	
Pink Voyd: A theatrical Pink Floyd Tribute Show	July 22, 2006		\$TBA, April 1—please call 978-264-9608.	
Disney Movie Night	July 29, 2006		\$TBA, April 1—please call 978-264-9608.	
The Drifter's –The original hit makers!	August 12, 2006		\$TBA, April 1—please call 978-264-9608.	
Double Header Movie Night—please check in July for movie selection.	August 19, 2006		\$TBA, April 1—please call 978-264-9608.	
KISS 108 Concert in the Park—Artist to be announced!	August 26, 2006		\$TBA, April 1—please call 978-264-9608.	

See details outlined in program for rain dates.

No refunds will be issued for any of the above-listed ticketed events.

PAYMENT: Payment is due in full prior to ticket issuance. **Tickets can not be reserved.** Checks made payable to: *Town of Acton*

MAIL TO: Recreation Department, 472 Main Street, Acton, MA 01720

Or bring in person to the Acton Town Hall.

2006 Spring Summer Registration Form

This form to be used for recreation classes. (Beach and NARA Park Summer Program's and some events have their own form.)

(Please Print All Information, Signature Required Below)

Program Name: _____

Date of Session: _____ Time: _____ Amount of Sessions: _____

Participants Name: _____ Age: _____ Grade: _____

If participant is under age 18 please PRINT parent name: _____

Address: _____ Town: _____ Zip: _____

Email: _____ @ _____ . _____

(note: email addresses will not be distributed-they are for class notifications)

Parent/Guardian (if registrant is under 18) _____

Telephone:

(Home) _____ (Work) _____ (Emergency) _____

SPECIAL ACCOMMODATIONS-In order to enhance participation, please identify any special accommodations needed: _____

I agree to hold harmless the Town of Acton and/or its employees from claims or liability related to any accident that may occur. I give permission for medical treatment to be given if the need arises.

Signature of Class Participant or (Parent/Guardian if under age 18)

(Must be signed to participate)

Date

Classes payable by cash or check- Checks payable to: *Town of Acton*

Please mail to or bring to: Town of Acton Recreation Department, 472 Main Street, Acton, MA 01720

Amount Enclosed: _____

For Office Use Only:

Received by: _____

Date: _____

Check # _____ or Cash

Amount \$ _____

Acton Recreation Department
Volunteer Application

472 Main Street Acton, MA 01720 Phone: 978-264-9608 Fax: 978-264-9630 Email:
recreation@acton-ma.gov

Please print:

Name _____ **Date** _____

Address _____

Town _____ **State** _____ **ZIP** _____

Home Phone _____ **Work Phone** _____ **Cell Phone** _____

Date of Birth _____ **Occupation** _____

Job Title _____ **Employer** _____

Special training, skills, hobbies _____

Previous Volunteer Experience

Are you currently CPR and First Aid Certified? _____ **yes** _____ **no**

Do you have a valid driver's license? _____ **yes** _____ **no**

Accidents or Traffic Violations? _____ **yes** _____ **no**

If yes, explain _____

Have you ever been convicted of a crime? _____ **yes** _____ **no**

In which programs might you like to volunteer and/or in what capacity? _____

What times and dates are you available to volunteer?

I give permission for the Acton recreation Department to conduct a background check on me, which may include a CORI. I understand that if appointed, my position is conditional upon the department receiving no inappropriate information on the background check. I hereby release and agree to hold harmless from liability, the Town of Acton, the Recreation Department, its employees, agents, representatives, from any and all liability, actions, causes of action, debts, claims or demands of any kind and nature whatsoever. I understand that regardless of previous appointment, I may not be appointed for a volunteer position. If appointed, I understand that I am subject to suspension by the Director or immediate removal by the members of the Recreation Commission.

Signature of Applicant

Date



RECREATION DEPARTMENT
TOWN OF ACTON
472 MAIN STREET
ACTON, MA 01720

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ACTON, MA 01720

Just a sneak peak of what's inside!

SUMMER CULTURAL CONCERT SERIES
Featuring Livingston Taylor, Pink Voyd, The Drifter's

KISS 108 CONCERT!

MOVIE NIGHTS AT NARA PARK

BEACH MEMBERSHIPS

NARA YOUTH & MIGHTY MINI SUMMER PROGRAM

SUMMER EVENTS
July 4th, Family Fest Day

MANY NEW AND EXCITING RECREATION PROGRAMS
FOR ALL AGES!